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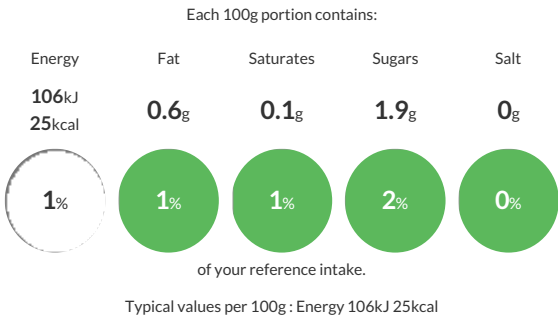
## Ardo Asparagus Spears 10x1Kg

Short Product Name:  
Asparagus Spears

Quick frozen asparagus, prepared from fresh, clean, sound asparagus by cleaning, processing, blanching, cooling and freezing in accordance with good commercial practice. The dimensions should be: Diameter : 10 16mm at thickest point Length : 170 mm Asparagus spears should possess a clean delicate, natural flavour of asparagus, with no off flavours present. The skins must also be tender.

Traded Unit GTIN: 05411361002209 Internal GTIN: 5411361043509 Supplier : Ardo UK Suppliers Product Code : 301555

### Reference Intake





### Nutritional Information


Typical Values	Per 100g
Energy	106kJ 25kCal
Carbohydrates	2g
of which sugars	1.9g
Fat	0.6g
of which saturates	0.1g
Fibre	1.7g
Protein	2.9g
Salt	0g


### Allergy Information


Key: Contains May Contain


  
Does Not Contain Cereal/Gluten


  
Does Not Contain Milk


  
Does Not Contain Eggs


  
Does Not Contain Peanuts


  
Does Not Contain Nuts


  
Does Not Contain Crustaceans


  
Does Not Contain Mustard


  
Does Not Contain Fish


  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
Does Not Contain Soya

  
Does Not Contain Molluscs

  
Does Not Contain Sulphur Dioxide

**Gluten Claim**  
Gluten content is less than 20ppm.

### Ingredients

Asparagus (100%)

### Dietary Information

Key: Suitable for

  
Suitable for Vegetarian

  
Suitable for Vegan

  
May not be suitable for Kosher

  
May not be suitable for Halal

  
Suitable for Coeliac