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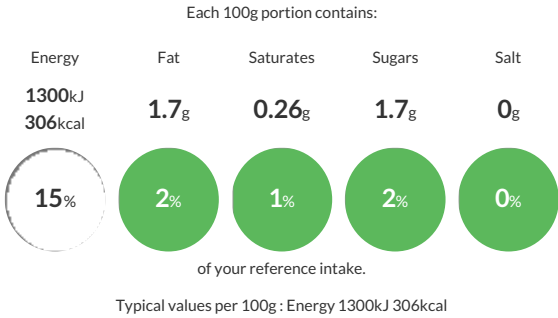
Pearled Spelt Grain 1kg

Short Product Name:

Spelt Grain 10 x 1kg

Traded Unit GTIN: 5060103915644 Internal GTIN: 5060103915637 Supplier : Centaur Foods Ltd Suppliers Product Code : RIC008

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	1300kJ 306kCal
Carbohydrates	61.9g
of which sugars	1.7g
Fat	1.7g
of which saturates	0.26g
Fibre	7.9g
Protein	10.8g
Salt	0g


Allergy Information


Key: Contains May Contain


  
Contains Cereal/Gluten


  
Does Not Contain Milk


  
Does Not Contain Eggs


  
Does Not Contain Peanuts


  
Does Not Contain Nuts


  
Does Not Contain Crustaceans


  
Does Not Contain Mustard


  
Does Not Contain Fish


  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
Does Not Contain Soya

  
Does Not Contain Molluscs

  
Does Not Contain Sulphur Dioxide

Allergen Statement  
Product contains SPELT,  
May contain WHEAT.

Ingredients

SPELT Grain (WHEAT)

Dietary Information

Key: Suitable for

  
Suitable for Vegetarian

  
Suitable for Vegan

  
May not be suitable for Kosher

  
May not be suitable for Halal

  
May not be suitable for Coeliac