

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

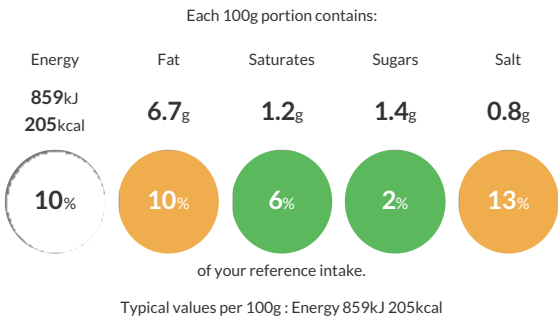
Breaded MSC Cod Fillets 140 - 170g 24 piece pack count

Short Product Name:
Breaded Cod

Formed skinless, boneless cod fillet pieces coated in breadcrumb, flash fried 24 x 140-170g

Traded Unit GTIN: 5060061300636 Internal GTIN: 5060061300636 Supplier : Three Oceans Fish Company Suppliers Product Code : MBRC05

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	859kJ 205kCal
Carbohydrates	24.5g
of which sugars	1.4g
Fat	6.7g
of which saturates	1.2g
Fibre	1.2g
Protein	11.5g
Salt	0.8g

Allergy Information

Key: Contains May Contain



Contains
Cereal/Gluten



Does Not
Contain
Milk



Does Not
Contain
Eggs



Does Not
Contain
Peanuts



Does Not
Contain
Nuts



Does Not
Contain
Crustaceans



Does Not
Contain
Mustard



Contains
Fish



Does Not
Contain
Lupin



Does Not
Contain
Sesame



Does Not
Contain
Celery



Does Not
Contain
Soya



Does Not
Contain
Molluscs



Does Not
Contain
Sulphur
Dioxide

Allergen Statement
Allergens in ingredient list are shown in CAPITALS

Ingredients

Cod (FISH) (50%), WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising agent (Ammonium Carbonate).

Dietary Information

Key: Suitable for



May not be
suitable for
Vegetarian



May not be
suitable for
Vegan



May not be
suitable for
Kosher



May not be
suitable for
Halal



May not be
suitable for
Coeliac