Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

FF00022 17 April 2014 13 December 2022 b4e8fd71f3334f56a812e5239dee16c7



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Cod Fillets MSC 4.54kg

Short Product Name: Cod Fillets

4-5oz skin on bone in cod fillets MSC

Traded Unit GTIN: 5060132042571 Internal GTIN: Supplier: Flatfish Ltd Suppliers Product Code: FF00022

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
320 kJ 75 kcal	0.6 g	0.16 g	0_{g}	$0.23_{\rm g}$	
4%	1%	1%	0%	4%	
of your reference intake					

Typical values per 100g: Energy 320kJ 75kcal

Nutritional Information

Typical Values	Per 100g
Energy	320kJ 75kCal
Carbohydrates	Og
of which sugars	Og
Fat	0.6g
of which saturates	0.16g
Fibre	Og
Protein	17.5g
Salt	0.23g

Allergy Information



Contain Cereal/Gluten



Does Not Contain Milk Eggs





Peanuts









Contain Mustard

Does Not Does Not













Crustaceans



Dietary Information







May not be suitable for Halal



Gluten Claim Gluten content is less than 20ppm.

Ingredients

Cod (FISH), water (as a protective glaze)