Supplier's Product Code :	66536
Product Added :	05 October 2026
Last Updated by Supplier :	05 October 2026
erudus id :	013e1a8e4e6946e99bd374cd21d1c5e1

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Monkfish portion skinless, boneless (6 x 140-170g)

Short Product Name:
Monkfish

Monkfish portion skinless, boneless (6 x 140-170g)

Traded Unit GTIN: - Internal GTIN: Supplier : Sysco GB Limited Suppliers Product Code : 66536

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
282kJ 66kcal	0.4g	0.1g	0g	0g
3%	1%	1%	0%	0%

of your reference intake.

Typical values per 100g : Energy 282kJ 66kcal

Nutritional Information

Typical Values	Per 100g
Energy	282kJ 66kCal
Carbohydrates	0g
of which sugars	0g
Fat	0.4g
of which saturates	0.1g
Fibre	0g
Protein	15.7g
Salt	0g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Monkfish (Lophius piscatorius) (**FISH**).

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