

Supplier's Product Code :  
 Product Added :  
 Last Updated by Supplier :  
 erudus id :

VA120795  
 20 May 2026  
 20 May 2026  
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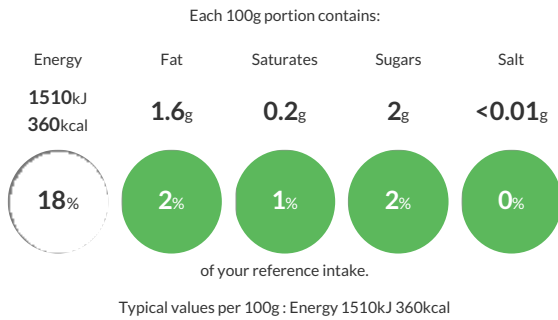
## MARTINO Medium Couscous 10x1kg

Short Product Name:  
 Couscous

Couscous made from durum wheat semolina. Contains 20 portions (at 50g) for each 1kg box. 10 boxes containing 1kg each inside a case.

Traded Unit GTIN: **08032942610100** Internal GTIN: **8032942610100** Supplier: **Bonta Italia Ltd** Suppliers Product Code: **VA120795**

### Reference Intake



### Nutritional Information

Typical Values	Per 100g
Energy	1510kJ 360kCal
Carbohydrates	74g
of which sugars	2g
Fat	1.6g
of which saturates	0.2g
Fibre	3.3g
Protein	13g
Salt	<0.01g

### Allergy Information

Key: **Contains** **May Contain**

Contains Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	May Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

### Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	Suitable for Vegan	Suitable for Kosher	Suitable for Halal	NO DATA for Coeliac
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### Allergen Statement

May also contain **SOYA** and **MUSTARD**.

### Ingredients

Durum **WHEAT** Semolina