Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

NUT043 02 April 2025 02 April 2025 03f16e87fd444e6ab2e1690e92e3d9e2



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# Toasted Coconut Flakes 1kg

Short Product Name:

Toasted Coconut Flakes 1kg

Thick chips of toasted coconut (ex.Cocos nucifera) made from the sliced/shredded coconut meat of the fresh and mature fruit

Traded Unit GTIN: 5060103915088 Internal GTIN: 5060103915071 Supplier: Centaur Foods Ltd Suppliers Product Code: NUT043

## Reference Intake

### Each 100g portion contains:

| Energy                            | Fat         | Saturates                | Sugars       | Salt          |  |
|-----------------------------------|-------------|--------------------------|--------------|---------------|--|
| <b>2492</b> kJ<br><b>604</b> kcal | <b>62</b> g | <b>53.4</b> <sub>g</sub> | <b>6.4</b> g | <b>0.07</b> g |  |
|                                   |             |                          |              |               |  |
| ( 30%                             | 89%         | 267%                     | 7%           | 1%            |  |
|                                   |             |                          |              |               |  |
| of your reference intake          |             |                          |              |               |  |

Typical values per 100g : Energy 2492kJ 604kcal

## **Nutritional Information**

| Typical Values     | Per 100g          |
|--------------------|-------------------|
| Energy             | 2492kJ<br>604kCal |
| Carbohydrates      | 6.4g              |
| of which sugars    | 6.4g              |
| Fat                | 62g               |
| of which saturates | 53.4g             |
| Fibre              | 13.7g             |
| Protein            | 5.6g              |
| Salt               | 0.07g             |

# **Allergy Information**



Does Not

Contain

Fish



Eggs

Does Not

Contain



May Contain

Does Not Peanuts

May Contain

Celerv



May Contain





Crustaceans

Does Not

Contain





May Contain Sulphu



**Dietary Information** 



May not be suitable for Halal



**Ingredients** 

100% Coconut