

Supplier's Product Code :
 Product Added :
 Last Updated by Supplier :
 erudus id :

NUT043
 16 March 2026
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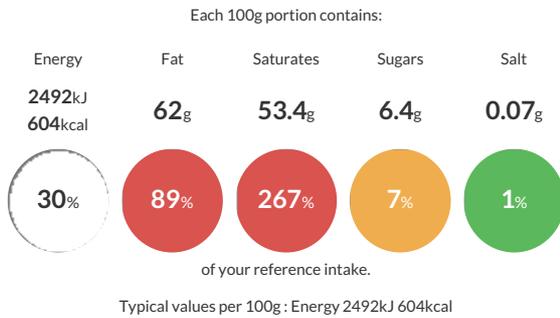
Toasted Coconut Flakes 1kg

Short Product Name:
 Toasted Coconut Flakes 1kg

Thick chips of toasted coconut (ex.Cocos nucifera) made from the sliced/ shredded coconut meat of the fresh and mature fruit

Traded Unit GTIN: 5060103915088 | Internal GTIN: 5060103915071 | Supplier : Centaur Foods Ltd | Suppliers Product Code : NUT043

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	2492kJ 604kCal
Carbohydrates	6.4g
of which sugars	6.4g
Fat	62g
of which saturates	53.4g
Fibre	13.7g
Protein	5.6g
Salt	0.07g

Allergy Information

Key: Contains May Contain

May Contain Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	May Contain Sulphur Dioxide

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal	NO DATA for Coeliac
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Ingredients

100% Coconut