

Supplier's Product Code :
 Product Added :
 Last Updated by Supplier :
 erudus id :

MMBUR1
 24 February 2026
 24 February 2026
 1028ae32efb5465d8fd6f93df6e5b45c



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

Moving Mountains® Burger 20x113.5g

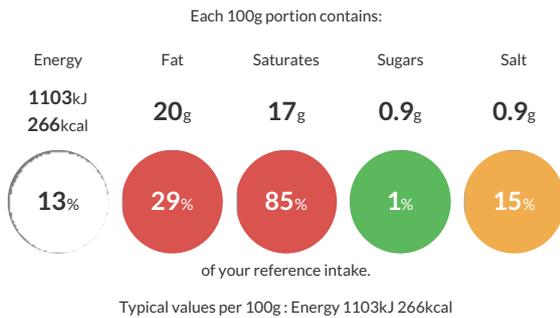
Short Product Name:

Moving Mountains® Burger 20x113.5g

Moving Mountains® is a ground-breaking British company leading plant-based innovation into unimagined territory with the UK's first meatless "bleeding" burger. The Moving Mountains® Burger™ is 100% plant, 0% cow - made from a scientific blend of plant-proteins, vegetables and a base of mushrooms that are widely known for their health and medicinal properties creating a meat-like taste, texture and bleeding appearance.

Traded Unit GTIN: **5060101531624** Internal GTIN: Supplier: **Moving Mountains Foods** Suppliers Product Code: **MMBUR1**

Reference Intake



Nutritional Information

| Typical Values | Per 100g |
|--------------------|-------------------|
| Energy | 1103kJ 266kCal |
| Carbohydrates | 4.4g |
| of which sugars | 0.9g |
| Fat | 20g |
| of which saturates | 17g |
| Fibre | 5.5g |
| Protein | 14g |
| Salt | 0.9g |

Allergy Information

Key: **Contains** **May Contain**

| | | | | | | |
|------------------------|------------------------|-------------------------|--------------------------|-----------------------|------------------------------|----------------------------------|
| Contains Cereal/Gluten | Does Not Contain Milk | Does Not Contain Eggs | Does Not Contain Peanuts | Does Not Contain Nuts | Does Not Contain Crustaceans | Does Not Contain Mustard |
| Does Not Contain Fish | Does Not Contain Lupin | Does Not Contain Sesame | Does Not Contain Celery | Contains Soya | Does Not Contain Molluscs | Does Not Contain Sulphur Dioxide |

Dietary Information

Key: **Suitable for**

| | | | | |
|-------------------------|--------------------|--------------------------------|--------------------|---------------------|
| Suitable for Vegetarian | Suitable for Vegan | May not be suitable for Kosher | Suitable for Halal | NO DATA for Coeliac |
|-------------------------|--------------------|--------------------------------|--------------------|---------------------|

Ingredients

Ingredients: Water, vegetable oil (coconut), vegetable (oyster mushroom, mushroom, onion), vegetable protein (Soya, Soya isolate, pea protein), gluten (Wheat), natural flavouring, dietary fibre (Oat), starch (Wheat), thickener (methylcellulose), Barley malt extract, beetroot powder, salt, vitamins B12.