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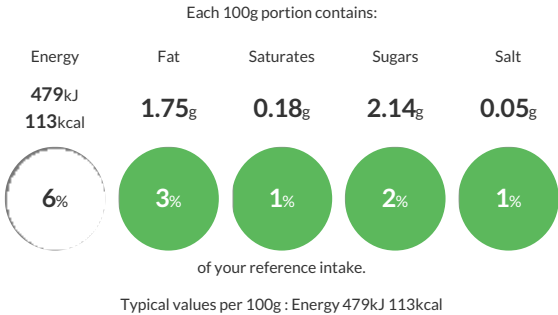
Ardo Quinoa 10x1kg

Short Product Name:
Quinoa

Quick frozen quinoa is prepared from the species Chenopodium Quinoa, by an appropriate cooking and freezing process to give a free flowing product. The process fully cooks the dry quinoa and freezes it to below -18°C.

Traded Unit GTIN: 5411361084748 Internal GTIN: 5411361084731 Supplier : Ardo UK Suppliers Product Code : 3QUN310

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	479kJ 113kCal
Carbohydrates	19.51g
of which sugars	2.14g
Fat	1.75g
of which saturates	0.18g
Fibre	2.46g
Protein	4.83g
Salt	0.05g


Allergy Information


Key: Contains May Contain



Does Not Contain Cereal/Gluten



Does Not Contain Milk



Does Not Contain Eggs



Does Not Contain Peanuts



Does Not Contain Nuts



Does Not Contain Crustaceans



Does Not Contain Mustard



Does Not Contain Fish



Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Does Not Contain Soya


Does Not Contain Molluscs


Does Not Contain Sulphur Dioxide

Gluten Claim
Gluten content is less than 20ppm.

Ingredients

IQF Quinoa 100%

Dietary Information

Key: Suitable for


Suitable for Vegetarian


Suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


May not be suitable for Coeliac