Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

KEEMEI 19 May 2016 25 February 2022 15ff7478c091406f9ce4d8b1100003b3



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

Flapjacks Mixed Box - Chocolate Flapjack

Short Product Name: Flapjacks Mixed Box

 $Mixed flapjack, box\ with: -\ Chocolate\ Flapjack, Suitable\ for\ Vegan\ Diet\ -\ Fruit\ \&\ Coconut\ Flapjack, Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Vegan\ Diet\ -\ Toffee\ Topped\ Flapjack, Not\ Suitable\ for\ Not\ Suitable\ for$ ${\sf Vegan\,Diet\,-Yoghurt\,\&\,Cherry\,Flapjack.\,Not\,Suitable\,for\,Vegan\,Diet}$

Traded Unit GTIN: 5060158953936 Internal GTIN: 5060158953905 Supplier: Love Handmade Cakes (Exquisite Handmade Cakes) Suppliers Product Code: KFFMFL

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars **1953**kJ 25.6g **9.9**_g 28.5g $0.01_{\rm g}$ **468**kcal 23% 37% **50**% 32% 0% of your reference intake.

Typical values per 100g: Energy 1953kJ 468kcal

Nutritional Information

Typical Values	Per 100g
Energy	1953kJ 468kCal
Carbohydrates	52.1g
of which sugars	28.5g
Fat	25.6g
of which saturates	9.9g
Fibre	4g
Protein	5.4g
Salt	0.01g

Allergy Information



















Crustaceans









Dietary Information





Halal













Celery







Molluscs



Sulphu

Ingredients

OATS (36%), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt, Emulsifier (E471), Natural Flavouring, Colours (E160b(i), E100)), Chocolate Flavour Coating (17%)(Sugar, Vegetable Fat (Palm Kernel, Coconut), Fat Reduced Cocoa Powder, Emulsifier (SOYA Lecithin), Flavouring), Golden Syrup (Partially Inverted Refiners Syrup), Sugar

Flapjacks Mixed Box - Fruit & Coconut Flapjack

Short Product Name: Flapjacks Mixed Box

Mixed flapjack box with: - Chocolate Flapjack, Suitable for Vegan Diet - Fruit & Coconut Flapjack, Suitable for Vegan Diet - Jumbo Oat Flapjack, Suitable for Vegan Diet - Toffee Topped Flapjack, Not Suitable for Vegan Diet - Yoghurt & Cherry Flapjack. Not Suitable for Vegan Diet

Traded Unit GTIN: 5060158953936 Internal GTIN: 5060158953905 Supplier: Love Handmade Cakes (Exquisite Handmade Cakes) Suppliers Product Code: KFFMFL

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars **1880**kJ 23.3g**8.9**_g 28.6g 0.45g450kcal **32**9 22% 33% 45% of your reference intake.

Typical values per 100g: Energy 1880kJ 450kcal

Nutritional Information

Typical Values	Per 100g
Energy	1880kJ 450kCal
Carbohydrates	52.3g
of which sugars	28.6g
Fat	23.3g
of which saturates	8.9g
Fibre	4.6g
Protein	5.5g
Salt	0.45g

Allergy Information

























Contain

Mustard

Dietary Information

Key: Suitable for











Does Not Fish

Does Not Lupin

Does Not Contain

Sesame

Does Not Contain Celery

May Contain Soya

Does Not

Molluscs

Contain Sulphur Dioxide

Ingredients

OATS (41%), Margarine (Palm Fat, Vegetable Oils (Rapeseed Oil, Sunflower Oil), Water, Salt, Colours (E100, E160b(i)), Emulsifier (E475), Flavouring), Golden Syrup (Partially Inverted Refiners Syrup), Sugar, Sultanas (3.7%) (Sultanas, Sunflower Oil), Desiccated Coconut (3.2%) (Desiccated Coconut, Preservative (SULPHUR DIOXIDE)), Cherries (2.9%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator (E330), Cherries (2.9%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator (E330), Cherries (2.9%) (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator (E330), Cherries (E300), Cherries (E300),Preservative (E202), Colour (E127)), Cane Molasses

Flapjacks Mixed Box - Jumbo Oat Flapjack

Short Product Name: Flapjacks Mixed Box

Mixed flapjack box with: - Chocolate Flapjack, Suitable for Vegan Diet - Fruit & Coconut Flapjack, Suitable for Vegan Diet - Jumbo Oat Flapjack, Suitable for Vegan Diet - Toffee Topped Flapjack, Not Suitable for Vegan Diet - Yoghurt & Cherry Flapjack. Not Suitable for Vegan Diet

Traded Unit GTIN: 5060158953936 Internal GTIN: 5060158953905 Supplier: Love Handmade Cakes (Exquisite Handmade Cakes) Suppliers Product Code: KFFMFL

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars **1921**kJ 24.6g 28.2g 0.52g**8.3**g 460kcal 35% **42**% 23% 31%

of your reference intake. Typical values per 100g: Energy 1921kJ 460kcal

Nutritional Information

Typical Values	Per 100g
Energy	1921kJ 460kCal
Carbohydrates	52.2g
of which sugars	28.2g
Fat	24.6g
of which saturates	8.3g
Fibre	4g
Protein	5.4g
Salt	0.52g

Allergy Information



Cereal/Gluten

Does Not

Contair Fish





Does Not Contain

Lupin







Does Not Contain

Sesame



Does Not Contain Celery





May Contain Soya





Does Not

Contain Molluscs



Mustard

Contain

Does Not Contain Sulphur

Dioxide

Dietary Information

Key: Suitable for











Ingredients

 $Rolled \ \textbf{OATS} (26\%), Jumbo \ \textbf{OATS} (17\%), \\ Margarine (Palm Fat, Vegetable Oils (Rapeseed Oil, Sunflower Oil), \\ Water, Salt, Colours (E100, E160b(i)), \\ Emulsifier (E475), Flavouring), \\ Golden \ Syrup (Partially Inverted Oil), \\ Go$ Refiners Syrup), Sugar, Cane Molasses

Flapjacks Mixed Box - Toffee Topped Flapjack

Short Product Name: Flapjacks Mixed Box

Mixed flapjack box with: - Chocolate Flapjack, Suitable for Vegan Diet - Fruit & Coconut Flapjack, Suitable for Vegan Diet - Jumbo Oat Flapjack, Suitable for Vegan Diet - Toffee Topped Flapjack, Not Suitable for Vegan Diet - Yoghurt & Cherry Flapjack. Not Suitable for Vegan Diet

Traded Unit GTIN: 5060158953936 Internal GTIN: 5060158953905 Supplier: Love Handmade Cakes (Exquisite Handmade Cakes) Suppliers Product Code: KFFMFL

Reference Intake

Each 100g portion contains: Energy Fat Saturates Sugars Salt **1947**kJ 25.4g9.6g 28.4g 0.02g466kcal 48% 32% 0% 23% 36% of your reference intake.

Typical values per 100g: Energy 1947kJ 466kcal

Nutritional Information

Typical Values	Per 100g
Energy	1947kJ 466kCal
Carbohydrates	52.2g
of which sugars	28.4g
Fat	25.4g
of which saturates	9.6g
Fibre	4g
Protein	5.4g
Salt	0.02g

Allergy Information







Does Not

Fish



Does Not

Lupin





Does Not Contain

Sesame



Does Not Contain Celery









Does Not

Molluscs





Dioxide

Contain

Dietary Information

Key: Suitable for











suitable for Coeliac

Ingredients

 $\textbf{OATS} (36\%), \\ \textbf{Margarine} (\textbf{Vegetable Oils (Palm, Rapeseed)}, \\ \textbf{Water, Salt, Emulsifier (E471)}, \\ \textbf{Natural Flavouring, Colours (E160b(i), E100))}, \\ \textbf{Toffee Flavour Topping (17\%)} (\textbf{Sugar, Palm Oil, Whey Powder (MILK)}, \\ \textbf{Natural Flavouring, Colours (E160b(i), E100))}, \\ \textbf{Toffee Flavour Topping (17\%)} (\textbf{Sugar, Palm Oil, Whey Powder (MILK)}, \\ \textbf{Natural Flavouring, Colours (E160b(i), E100))}, \\ \textbf{Toffee Flavour Topping (17\%)} (\textbf{Sugar, Palm Oil, Whey Powder (MILK)}, \\ \textbf{Natural Flavouring, Colours (E160b(i), E100))}, \\ \textbf{Toffee Flavour Topping (17\%)} (\textbf{Sugar, Palm Oil, Whey Powder (MILK)}, \\ \textbf{Natural Flavouring, Colours (E160b(i), E100))}, \\ \textbf{Natural Flavouring, Colouring, Colouring, E160b(i)}, \\ \textbf{Natural Flavouring, Colouring, C$ Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Fat Reduced Cocoa Powder, Cocoa Butter, Emulsifiers (SOYA Lecithin, E476), Natural Flavouring, Colour (E160a)), Golden Syrup (Partially Inverted Refiners Syrup), Sugar

Flapjacks Mixed Box - Yoghurt & Cherry Flapjack

Short Product Name: Flapjacks Mixed Box

Mixed flapjack box with: - Chocolate Flapjack, Suitable for Vegan Diet - Fruit & Coconut Flapjack, Suitable for Vegan Diet - Jumbo Oat Flapjack, Suitable for Vegan Diet - Toffee Topped Flapjack, Not Suitable for Vegan Diet - Yoghurt & Cherry Flapjack. Not Suitable for Vegan Diet

Traded Unit GTIN: 5060158953936 Internal GTIN: 5060158953905 Supplier: Love Handmade Cakes (Exquisite Handmade Cakes) Suppliers Product Code: KFFMFL

Reference Intake

Each 100g portion contains: Energy Fat Saturates Sugars Salt **1844**kJ 21.8_g7.3_g31.5g0.46g441kcal 359 22% 31% **37**%

of your reference intake. Typical values per 100g: Energy 1844kJ 441kcal

Nutritional Information

Typical Values	Per 100g
Energy	1844kJ 441kCal
Carbohydrates	54.6g
of which sugars	31.5g
Fat	21.8g
of which saturates	7.3g
Fibre	3.8g
Protein	4.9g
Salt	0.46g

Allergy Information





Does Not

Fish





Does Not

Lupin







Does Not Contain

Sesame



Does Not Contain Celery







Does Not

Molluscs



Mustard



Contain Sulphur Dioxide

Dietary Information

Key: Suitable for











Ingredients

OATS (30%), Yoghurt Flavour Topping (22%) (Sugar, Palm Oil, Whey Powder (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Emulsifier (MILK), Skimmed MILK Yoghurt Powder, Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine), Fortified Wheat Flour, Carbonate, Iron, Niacin, Thiamine, Iron, Niacin, Iron, Niacin, Niacin, Ir $(SOYA\ Lecithin)), Margarine (Palm\ Fat,\ Vegetable\ Oils\ (Rapeseed\ Oil,\ Sunflower\ Oil),\ Water,\ Salt,\ Colours\ (E100,\ E160b(i)),\ Emulsifier\ (E475),\ Flavouring),\ Golden\ Syrup\ (Partially\ Inverted\ Refiners\ Syrup),\ Sugar,\ Salt,\ Colours\ (E100,\ E160b(i)),\ Emulsifier\ (E475),\ Flavouring),\ Golden\ Syrup\ (Partially\ Inverted\ Refiners\ Syrup),\ Sugar,\ Salt,\ Colours\ (E100,\ E160b(i)),\ Emulsifier\ (E475),\ Flavouring),\ Golden\ Syrup\ (Partially\ Inverted\ Refiners\ Syrup),\ Sugar,\ Salt,\ Colours\ (E100,\ E160b(i)),\ Emulsifier\ (E475),\ Flavouring),\ Golden\ Syrup\ (Partially\ Inverted\ Refiners\ Syrup),\ Sugar,\ Salt,\ Colours\ (E100,\ E160b(i)),\ Emulsifier\ (E475),\ Flavouring),\ Golden\ Syrup\ (Partially\ Inverted\ Refiners\ Syrup),\ Sugar,\ Salt,\ Salt,\$ Cherries (8.7%)(Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator (E330), Preservative (E202), Colour (E127)), Glucose Syrup, Cane Molasses