

Supplier's Product Code :  
 Product Added :  
 Last Updated by Supplier :  
 erudus id :

121002  
 09 February 2026  
 09 February 2026  
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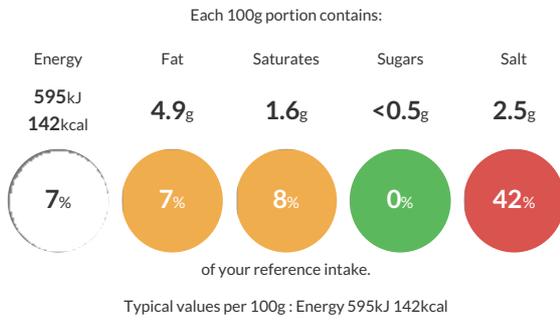
## Wiltshire Ham (Plain) Half

Short Product Name:  
 Wiltshire Ham (Plain) Half

Cured and cooked pork leg 100g of pork per 100g of product

Traded Unit GTIN: **5060996062388** Internal GTIN: Supplier: **Wessex Country Gammons Ltd** Suppliers Product Code: **121002**

### Reference Intake



### Nutritional Information

| Typical Values     | Per 100g         |
|--------------------|------------------|
| Energy             | 595kJ<br>142kCal |
| Carbohydrates      | <0.5g            |
| of which sugars    | <0.5g            |
| Fat                | 4.9g             |
| of which saturates | 1.6g             |
| Fibre              | -g               |
| Protein            | 22g              |
| Salt               | 2.5g             |

### Allergy Information

Key: **Contains** **May Contain**

|                                |                        |                         |                          |                       |                              |                                  |
|--------------------------------|------------------------|-------------------------|--------------------------|-----------------------|------------------------------|----------------------------------|
| Does Not Contain Cereal/Gluten | Does Not Contain Milk  | Does Not Contain Eggs   | Does Not Contain Peanuts | Does Not Contain Nuts | Does Not Contain Crustaceans | Does Not Contain Mustard         |
| Does Not Contain Fish          | Does Not Contain Lupin | Does Not Contain Sesame | Does Not Contain Celery  | Does Not Contain Soya | Does Not Contain Molluscs    | Does Not Contain Sulphur Dioxide |

### Dietary Information

Key: **Suitable for**

|                        |                   |                                |                               |                     |
|------------------------|-------------------|--------------------------------|-------------------------------|---------------------|
| NO DATA for Vegetarian | NO DATA for Vegan | May not be suitable for Kosher | May not be suitable for Halal | NO DATA for Coeliac |
|------------------------|-------------------|--------------------------------|-------------------------------|---------------------|

### Ingredients

Pork leg, Sugar, Salt, Pork bullion, Antioxidant E301, Preservatives E250, E251.