Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

121002 21 July 2025 21 July 2025

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Wiltshire Ham (Plain) 3kg

Short Product Name: Wiltshire Ham (Plain) 3kg

Cured and cooked pork leg 100g of pork per 100g of product

Traded Unit GTIN: 5060996062388 Internal GTIN: Supplier: Wessex Country Gammons Ltd Suppliers Product Code: 121002

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 595kl **4.9**g <0.5g $2.5_{\rm g}$ **1.6**_g **142**kcal **7**% 0% 42% of your reference intake.

Typical values per 100g: Energy 595kJ 142kcal

Nutritional Information

Typical Values	Per 100g
Energy	595kJ 142kCal
Carbohydrates	<0.5g
of which sugars	<0.5g
Fat	4.9g
of which saturates	1.6g
Fibre	-g
Protein	22g
Salt	2.5g

Allergy Information





Contain Cereal/Gluten

Does Not

Contain

Fish



Does Not

Contain

Does Not Eggs

Does Not

Contain





Peanuts

Does Not



Does Not

Contain



Does Not

Contain



Does Not

Contain Mustard





Does Not Contain Sulphur

Dietary Information











Ingredients

Pork leg, Sugar, Salt, Pork bullion, Antioxidant E301, Preservatives E250, E251.