

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

LFJ036
23 February 2026
23 February 2026
22ceb02993b847248d6a52ba8cb532a8



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Popcorn 1Kg

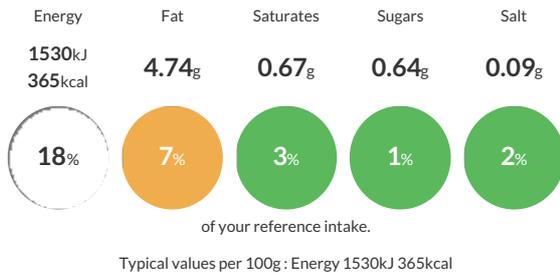
Short Product Name:
Popcorn

Corn / maize kernels (ex. Zea mays).

Traded Unit GTIN: 5060103919499 Internal GTIN: 5060103919482 Supplier: Centaur Foods Ltd Suppliers Product Code: LFJ036

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	1530kJ 365kCal
Carbohydrates	74.3g
of which sugars	0.64g
Fat	4.74g
of which saturates	0.67g
Fibre	7.3g
Protein	9.4g
Salt	0.09g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Popcorn Kernels 100%