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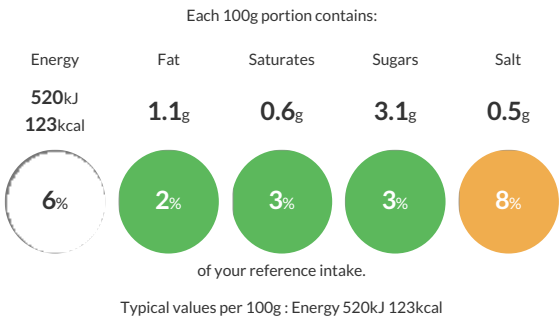
# Frozen Raw HAND CUT PANKO COATED SQUID RINGS

Short Product Name:  
PANKO COATED SQUID RINGS

Frozen raw premium squid rings in a coarse Japanese breadcrumb

Traded Unit GTIN: **39555018504009** Internal GTIN: **9555018504060** Supplier : **Pacific West Foods** Suppliers Product Code : **PCS23PW**

## Reference Intake



## Nutritional Information

Typical Values	Per 100g
Energy	520kJ 123kCal
Carbohydrates	20.4g
of which sugars	3.1g
Fat	1.1g
of which saturates	0.6g
Fibre	1g
Protein	7.3g
Salt	0.5g

## Allergy Information

Key: **Contains** **May Contain**

  
Contains Cereal/Gluten

  
May Contain Milk

  
Does Not Contain Eggs

  
Does Not Contain Peanuts

  
Does Not Contain Nuts

  
May Contain Crustaceans

  
Does Not Contain Mustard

  
May Contain Fish

  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
May Contain Soya


  
Contains Molluscs

  
Does Not Contain Sulphur Dioxide


## Dietary Information

Key: **Suitable for**

  
May not be suitable for Vegetarian

  
May not be suitable for Vegan

  
May not be suitable for Kosher

  
Suitable for Halal

  
May not be suitable for Coeliac

**Allergen Statement**  
For allergens, including cereals containing gluten, see ingredients in bold.

## Ingredients

Squid (**MOLLUSCS**) (60%), Breadcrumb (20%) [**WHEAT** Flour, Palm Oil, Sugar, Salt], Batter (20%) [**WHEAT** Flour, Water, Thickeners (E1404, E1420), Sugar, Garlic, Raising Agents (E450, E500), Pepper, Salt, Yeast Extract].