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## Rude Health Oat Barista 6 x 1L

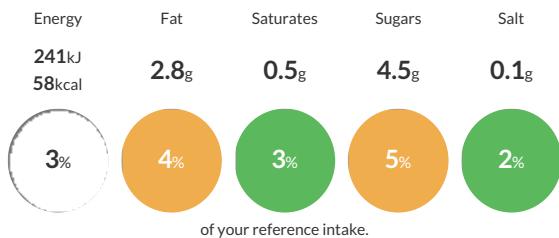
Short Product Name:  
Oat Barista

Oats so creamy.

Traded Unit GTIN: [05060120285874](#) | Internal GTIN: [5060120285867](#) | Supplier: [Rude Health](#) | Suppliers Product Code: [857](#)

### Reference Intake

Each 100ml portion contains:



Typical values per 100ml: Energy 241kJ 58kcal

### Nutritional Information

Typical Values	Per 100ml
Energy	241kJ 58kCal
Carbohydrates	6.9g
of which sugars	4.5g
Fat	2.8g
of which saturates	0.5g
Fibre	0.6g
Protein	0.9g
Salt	0.1g

### Allergy Information

Key:  Contains  May Contain



#### Gluten Claim

Gluten content is less than 20ppm.

**Allergen Statement**  
Gluten Free.

### Ingredients

Water, gluten free OATS (13%), sunflower oil, sea salt, stabiliser gellan gum

### Dietary Information

Key:  Suitable for

