Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

Kettle Ham 10 November 2025 10 November 2025 2672542c4928415bb7e72e39a9a227ae



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Kettle Ham

Short Product Name: Kettle Ham (plain)

2 Star Great Taste award winning ham

 $Traded\ Unit\ GTIN:\ 5060996062371\ Internal\ GTIN:\ Supplier:\ Wessex\ Country\ Gammons\ Ltd\ Suppliers\ Product\ Code:\ Kettle\ Ham$

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 655kl **7.1**g 2.3g <0.5g $2.04_{\rm g}$ **156**kcal 8% 0% 34%

of your reference intake. Typical values per 100g: Energy 655kJ 156kcal

Nutritional Information

Typical Values	Per 100g
Energy	655kJ 156kCal
Carbohydrates	<0.5g
of which sugars	<0.5g
Fat	7.1g
of which saturates	2.3g
Fibre	<0.5g
Protein	23.1g
Salt	2.04g

Allergy Information





Contain Cereal/Gluten

Contain Milk Eggs





Peanuts

Does Not



Does Not

Contain





Crustaceans

Does Not

Contain



Contain Mustard







NO DATA for

Dietary Information

May not be

May not be suitable for Halal



Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

Does Not

Contain

Ingredients

Pork leg, Salt, Antioxidant (E301), Preservatives E250 & E252

Does Not

Contain