Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

Kettle Ham 21 July 2025 21 July 2025 2672542c4928415bb7e72e39a9a227ae



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Kettle Ham

Short Product Name: Kettle Ham

2 Star Great Taste award winning ham

 $Traded\ Unit\ GTIN:\ 5060996062371\ Internal\ GTIN:\ Supplier:\ Wessex\ Country\ Gammons\ Ltd\ Suppliers\ Product\ Code:\ Kettle\ Ham$

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 595kl **4.9**g $\pmb{1}_{g}$ <0.5g 3_g **142**kcal **7**% 0% 50% of your reference intake.

Typical values per 100g: Energy 595kJ 142kcal

Nutritional Information

Typical Values	Per 100g
Energy	595kJ 142kCal
Carbohydrates	<0.5g
of which sugars	<0.5g
Fat	4.9g
of which saturates	1g
Fibre	<0.5g
Protein	22g
Salt	3g

Allergy Information





Contain Cereal/Gluten



Does Not Contain Milk Eggs



Does Not

Peanuts

Does Not



Contain Nuts

Does Not

Contain

Does Not

Does Not

Contain



Contain Mustard





Does Not Contain Sulphur

Dietary Information











Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

Does Not

Contain

Ingredients

Pork leg, Salt, Antioxidant (E301), Preservatives E250 & E252

Does Not

Contain