

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

F00266
11 March 2026
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Kara MK4 Floured Bap 4 x 12

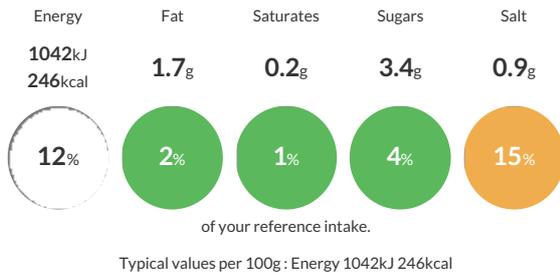
Short Product Name:
MK4 Floured Bap

A soft white bread bap, dusted with flour.

Traded Unit GTIN: 5011639001165 Internal GTIN: Supplier: Kara Foodservice (Fletchers) Suppliers Product Code: F00266

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	1042kJ 246kCal
Carbohydrates	46.9g
of which sugars	3.4g
Fat	1.7g
of which saturates	0.2g
Fibre	3.3g
Protein	9g
Salt	0.9g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Salt, Yeast, Sugar, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E920.