Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

FGI 45PW 09 July 2025 09 July 2025 2d70d967b3da48f690b601dccb418258



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Frozen Fully Cooked MSC Lemon Sourdough Crumbed Fish Goujon (5 x 1kg)

Short Product Name:

Frozen Fully Cooked MSC Lemon Sourdough Crumbed Fish Goujon

 $Frozen fully cooked coated \ natural \ fish \ goujon \ in \ sourdough \ breadcrumb \ with \ lemon \ profile, \ par-fried \ with \ canola \ oil.$

Traded Unit GTIN: 19551021300177 Internal GTIN: 9551021300170 Supplier: Pacific West Foods Suppliers Product Code: FGL45PW

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 997k1 $\mathbf{3}_{g}$ **9.6**g **2**g 0.6g **238**kcal 12% of your reference intake.

Typical values per 100g: Energy 997kJ 238kcal

Nutritional Information

Typical Values	Per 100g
Energy	997kJ 238kCal
Carbohydrates	28g
of which sugars	2g
Fat	9.6g
of which saturates	3g
Fibre	1.4g
Protein	9.6g
Salt	0.6g

Allergy Information

Does Not

Contair







Eggs

Does Not

Contain



Does Not Peanuts

Does Not



Does Not Contain Nuts

May Contain



May Contain



Does Not Contain Mustard





Dietary Information









Ingredients

Pollock (Fish) (50%), Coating [Wheat Flour, Water, Canola Oil, Dried Wheat Sourdough, Sugar, Garlic, Salt, Lemon Powder, Yeast Extract, Pepper, Acidity Regulator (E330)].