

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

10212
30 March 2026
30 March 2026
306d8fca9a72494ca699a57e9f030537



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Somerset Cereals Oats Gluten Free

Short Product Name:

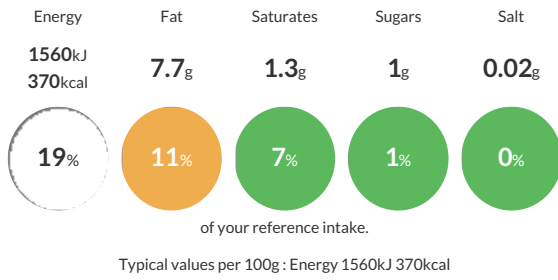
Somerset Cereals Oats Gluten Free

Gluten Free Oats

Traded Unit GTIN: Internal GTIN: Supplier: **Alara Wholefoods Limited** Suppliers Product Code: **10212**

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	1560kJ 370kCal
Carbohydrates	60g
of which sugars	1g
Fat	7.7g
of which saturates	1.3g
Fibre	8.5g
Protein	11g
Salt	0.02g

Allergy Information

Key: **Contains** **May Contain**



Dietary Information

Key: **Suitable for**



Ingredients

Gluten Free OATS (100%)