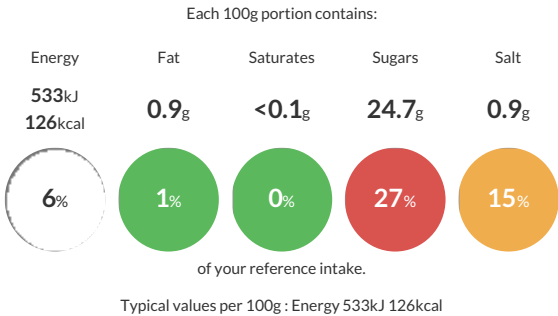**erudus**

# Barbecue Jack fruit

*Short Product Name:*
Barbecue Jackfruit

Cooked frozen shredded Jackfruit in spicy barbecue sauce

Traded Unit GTIN: `15060094122684`  Internal GTIN: `5060094122687`  Supplier : `The Redemption Food Co.`  Suppliers Product Code : `PRJAC007`

## Reference Intake

Each 100g portion contains:

| Energy | Fat | Saturates | Sugars | Salt |
|---|---|---|---|---|
| **533**kJ **166**kcal | **0.9**g | **<0.1**g | **24.7**g | **0.9**g |
| **6**% | **1**% | **0**% | **27**% | **15**% |

of your reference intake.

Typical values per 100g : Energy 533kJ 126kcal

## Nutritional Information

| Typical Values | Per 100g |
|---|---|
| Energy | 533kJ 126kCal |
| Carbohydrates | 27.9g |
| of which sugars | 24.7g |
| Fat | 0.9g |
| of which saturates | <0.1g |
| Fibre | 1.4g |
| Protein | 1.9g |
| Salt | 0.9g |

## Allergy Information

Key: `Contains` `May Contain`

| | | | | | | |
|---|---|---|---|---|---|---|
| Contains Cereal/Gluten | Does Not Contain Milk | Does Not Contain Eggs | Does Not Contain Peanuts | Does Not Contain Nuts | Does Not Contain Crustaceans | Contains Mustard |
| Does Not Contain Fish | Does Not Contain Lupin | Does Not Contain Sesame | Does Not Contain Celery | Does Not Contain Soya | Does Not Contain Molluscs | Does Not Contain Sulphur Dioxide |

## Dietary Information

Key: `Suitable for`

| | | | | |
|---|---|---|---|---|
| Suitable for Vegetarian | Suitable for Vegan | May not be suitable for Kosher | May not be suitable for Halal | NO DATA for Coeliac |

## Ingredients

Drained Jack fruit (60%) [Young Green Jack fruit (50%), Water, Salt, Acidity Regulator (Citric Acid)], Barbecue Sauce (40%) [Tomato, Treacle, Demerara Sugar, Dijon Mustard (Water, **Mustard** Seeds, Spirit Vinegar, Salt), Worcester Sauce (Water, Spirit Vinegar, Sugar, Onion, Salt, Tamarind Paste, Cloves, Ginger, Garlic, Gluten Free **Barley** Malt Extract), Modified Tapioca Starch, Agave Syrup, Tomato Paste, Red Wine Vinegar, Garlic Puree, Salt, Ancho Chilli, Water, Smoked Hickory Flavouring].