SH32 11 January 2013 20 July 2021 362e325cb043470fbf8fd7f9eed2d75f



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

Kent Honey Baked Gammon Ham Half 100%

Short Product Name:

Kent honey baked gammon ham 100%, half, 3 - 4kg

Traded Unit GTIN: - Internal GTIN: Supplier: Stephens Fresh Foods Suppliers Product Code: SH32

Reference Intake



Typical values per 100g : Energy 480kJ 114kcal

Nutritional Information

Typical Values	Per 100g
Energy	480kJ 114kCal
Carbohydrates	0.9g
of which sugars	0.9g
Fat	2.5g
of which saturates	0.85g
Fibre	0.5g
Protein	21.9g
Salt	2.5g

Allergy Information



Dietary Information



Ingredients

Pork 100%. salt, dextrose, stabiliser (E451 E452), preservative (E250), antioxidant (E301). Kent honey, P. pentosaceus, S. carnosus