Supplier's Product Code :	5050665033849
Product Added :	30 September 2026
Last Updated by Supplier :	30 September 2026
erudus id :	3701c496d6c048dcaf5ad0f3aa973e51

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OAT BURST Instant Porridge Apple & Blueberry 57g e

Short Product Name:
Porridge Apple & Blueberry

Instant oat porridge with dried apple & sweetened dried blueberries.

Traded Unit GTIN: 05050665033856 Internal GTIN: Supplier : Symington's Limited Suppliers Product Code : 5050665033849

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
427kJ 101kcal	1.3g	0.5g	6.7g	0.09g
5%	2%	3%	7%	2%

of your reference intake.

Typical values per 100g : Energy 427kJ 101kcal

Nutritional Information

Typical Values	Per 100g
Energy	427kJ 101kCal
Carbohydrates	17.4g
of which sugars	6.7g
Fat	1.3g
of which saturates	0.5g
Fibre	-g
Protein	3.9g
Salt	0.09g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Allergen Statement
it contains non declarable sulphites - Total: 4.46ppm in Finished Goods
- Sugar max 6ppm - 0.75ppm in FG
- Apple Diced, Max 300ppm - 3.69ppm in FG
- Apple Flavour, <10ppm - 0.01ppm in FG
- Blueberry flavour, Max 9ppm - 0.01ppm in FG

Ingredients

OAT Flakes (65%), Skimmed **MILK** Powder, Sugar, Dried Apple (1.2%), Sweetened Dried Blueberries [Blueberries, Sugar] (1.2%), Natural Flavourings.

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