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# Sysco Classic Moroccan Style Couscous

Short Product Name: Moroccan Style Couscous

Blend of couscous with apricots, sultanas, red and green peppers, spices and candied orange

Traded Unit GTIN: 5024333162995 Internal GTIN: Supplier: Sysco GB Limited Suppliers Product Code: 89414

#### **Reference** Intake



Typical values per 100g : Energy 1440kJ 340kcal

# Nutritional Information

Typical Values	Per 100g
Energy	1440kJ 340kCal
Carbohydrates	65g
of which sugars	9.7g
Fat	2.2g
of which saturates	0.4g
Fibre	5.3g
Protein	12g
Salt	1.9g

## Allergy Information



## **Dietary Information**



### Ingredients

Couscous (<b>Wheat</b>) (77%),Dried Apricot (4.0%) (Dried Apricot, Rice Flour, Preservative<b>(Sulphur Dioxide</b>)),Sultanas (4.0%) (Sultanas, Cottonseed Oil),Dried Red and Green Peppers (3.0%) (Red Pepper Flakes, Green Pepper),Onion, Spices (2.0%) (Cumin Powder, Turmeric Powder, Cumin Seed, Chilli Flakes, Ginger Powder, Cinnamon(Cassia)), Dried Garlic, Parsley, Orange Peel (0.5%) (Orange Peel, Glucose-Fructose Syrup, Sugar, Acidity Regulator(Citric Acid)), Coriander Powder, Black Pepper.