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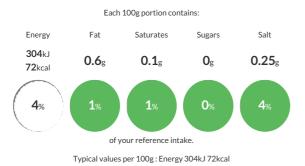
M&J Seafood Medium MSC Alaskan Pollock Fillets

Short Product Name: Medium MSC Alaskan Pollock Fillets

Skinless, boneless; 20x 140-170g (nett of glaze)

Traded Unit GTIN: 5024333158943 Internal GTIN: Supplier: Brake Bros Ltd Suppliers Product Code: 32954

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	304kJ 72kCal
Carbohydrates	Og
of which sugars	Og
Fat	0.6g
of which saturates	0.1g
Fibre	1.2g
Protein	17g
Salt	0.25g

Allergy Information



Dietary Information



Ingredients

Alaskan Pollock (Theragra chalcogramma) (FISH) (100%).