Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

220105 29 April 2025 29 April 2025

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Blue Dragon extra firm silken tofu 12x308g

Short Product Name: Extra firm silken tofu

Extra firm silken tofu

Traded Unit GTIN: 05015612000992 Internal GTIN: 5010338000486 Supplier: AB World Foods Limited Suppliers Product Code: 220105

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 243k1 $\pmb{2.1}_g$ 0.4g0.6g 0.12g58kcal 3% 2% 2% of your reference intake.

Typical values per 100g: Energy 243kJ 58kcal

Nutritional Information

| Typical Values | Per 100g |
|--------------------|-----------------|
| Energy | 243kJ 58kCal |
| Carbohydrates | 1.1g |
| of which sugars | 0.6g |
| Fat | 2.1g |
| of which saturates | 0.4g |
| Fibre | 0.8g |
| Protein | 8.2g |
| Salt | 0.12g |

Allergy Information



Does Not

Does Not

Contain

Fish

Contain Cereal/Gluten

Does Not

Does Not

Contain

Does Not Contain Milk Eggs



May Contain

Does Not

Contain







Does Not

Contain



Contain Mustard





Dietary Information











Allergen Statement

For allergens, see ingredients in bold. May also contain peanuts and nuts.

Does Not

Contain

Ingredients

Water, Soya Beans (15%), Isolated Soya Protein (4%), Acidity Regulator (Glucono-Delta-Lactone), Firming Agent (Calcium Chloride).