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## Ardo Whole Corn Cobs

Short Product Name: Whole Corn Cobs

IQF whole corn on the cob supersweet yellow SH2 The corn is sorted, washed, blanched and individually quick-frozen. Latin name Zea mays Length: 125-135mm.

Traded Unit GTIN: 05411361003183 Internal GTIN: 5411361211106 Supplier: Ardo UK Suppliers Product Code : 10001264/011211

## **Reference** Intake



Nutritional Information

Typical Values	Per 100g
Energy	326kJ 78kCal
Carbohydrates	10.6g
of which sugars	4.8g
Fat	1.9g
of which saturates	0.4g
Fibre	3.1g
Protein	Зg
Salt	<0.01g

## Allergy Information

Ingredients Corn Cob (100%)



## **Dietary Information**

