Supplier's Product Code :	145939
Product Added :	19 October 2026
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Sysco Simply Chestnut & Seed Roast

Short Product Name:
Chestnut & Seed Roast

A vegan roast portion with chestnuts, pumpkin & sunflower seeds, bulgur wheat, carrots, onion & herbs; 12 x 120g approximately

Traded Unit GTIN: 5024333259022 Internal GTIN: Supplier : Sysco GB Limited Suppliers Product Code : 145939

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
711kJ 169kcal	5.7g	0.6g	5.4g	0.54g
8%	8%	3%	6%	9%

of your reference intake.

Typical values per 100g : Energy 711kJ 169kcal

Nutritional Information

Typical Values	Per 100g
Energy	711kJ 169kCal
Carbohydrates	21g
of which sugars	5.4g
Fat	5.7g
of which saturates	0.6g
Fibre	4.4g
Protein	6.5g
Salt	0.54g

Allergy Information

Key: Contains May Contain

- Contains Cereal/Gluten
- Does Not Contain Milk
- Does Not Contain Eggs
- Does Not Contain Peanuts
- Does Not Contain Nuts
- Does Not Contain Crustaceans
- Does Not Contain Mustard
- Does Not Contain Fish
- Does Not Contain Lupin
- Does Not Contain Sesame
- Does Not Contain Celery
- Does Not Contain Soya
- Does Not Contain Molluscs
- Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for

- Suitable for Vegetarian
- Suitable for Vegan
- NO DATA for Kosher
- NO DATA for Halal
- NO DATA for Coeliac

Ingredients

Carrot (24%),Onion (22%), **WHEAT** Flour(**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin),Bulgur **WHEAT** (7%),Water, Rapeseed Oil, Parsley, Chestnuts (3.0%), **WHEAT** Gluten, Sugar, Pumpkin Seed (2.0%),Sunflower Seeds (2.0%),Yeast Extract, **RYE** Flour, Onion Powder, Salt, Coconut Oil, Garlic Powder, Pea Fibre, Modified Potato Starch, Sage Lemon Juice, Rosemary, Thyme, Yeast, **OAT** Fibre, Black Pepper, Modified Maize Starch, Carrageenan, Maize Starch, Guar Gum, Tomato Powder, Red Pepper Powder, Flavouring, Lactic Acid, Sodium Lactate, Carotenes, White Pepper, Black Pepper Extract, Sage Extract.

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