Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

32606 14 May 2025 14 May 2025

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## Portico Classic Pacific MSC Cod Fillets

Short Product Name: Pacific MSC Cod Fillets

Skinless & boneless; 25 x 115-140g Nett of glaze

### Reference Intake

# Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
<b>323</b> kJ <b>76</b> kcal	<b>0.5</b> g	<b>0.1</b> g	$0_{\mathrm{g}}$	<b>0.2</b> g	
4%	1%	1%	0%	3%	
of your reference intake					

Typical values per 100g: Energy 323kJ 76kcal

#### **Nutritional Information**

Typical Values	Per 100g
Energy	323kJ 76kCal
Carbohydrates	Og
of which sugars	Og
Fat	0.5g
of which saturates	0.1g
Fibre	Og
Protein	18g
Salt	0.2g

# **Allergy Information**





Does Not Contain Cereal/Gluten

Does Not

Does Not

Contain

Contain Milk Eggs



Does Not

Contain



Peanuts

Does Not



Does Not

Contain



Crustaceans

Contain





Contain Mustard







Contain Sulphur

# **Dietary Information**

Key: Suitable for











## Ingredients

Cod (Gadus macrocephalus) (FISH) (100%).