Supplier's Product Code :	107624
Product Added :	05 October 2026
Last Updated by Supplier :	05 October 2026
erudus id :	4526add751894aa892417750e616a435

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Cod fillet, skin on, scaled, boneless (6 x 140-170g)

Short Product Name:
Cod fillet

Cod fillet, skin on, scaled, boneless 6 x 140-170g.

Traded Unit GTIN: - Internal GTIN: Supplier : Sysco GB Limited Suppliers Product Code : 107624

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
306kJ 72kcal	0.6g	0.1g	0g	0.4g
4%	1%	1%	0%	7%

of your reference intake.

Typical values per 100g : Energy 306kJ 72kcal

Nutritional Information

Typical Values	Per 100g
Energy	306kJ 72kCal
Carbohydrates	0g
of which sugars	0g
Fat	0.6g
of which saturates	0.1g
Fibre	0g
Protein	16.7g
Salt	0.4g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Cod (Gadus morhua) (**FISH**).