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# Battered MSC Cod Fillets 230 - 290g x 15 piece pack count

Short Product Name: Battered Cod Fillets

Formed skinless, boneless Cod fillet pieces enrobed in a bubbly batter and flash fried 15 x 230-290g

Traded Unit GTIN: 5060061301497 Internal GTIN: 5060061301497 Supplier: Three Oceans Fish Company Suppliers Product Code : MBC08

#### **Reference** Intake



Typical values per 100g : Energy 857kJ 205kcal

## Nutritional Information

Typical Values	Per 100g
Energy	857kJ 205kCal
Carbohydrates	15.8g
of which sugars	0.5g
Fat	10.7g
of which saturates	1.4g
Fibre	0.7g
Protein	11g
Salt	0.6g

## Allergy Information



## **Dietary Information**



#### Allergen Statement

Allergens in the ingredients list are shown in **CAPITALS** 

#### Ingredients

Cod (FISH) (50%), WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Salt, Maize Starch, WHEAT Starch, Raising Agents [Diphosphates, Sodium Carbonate, Ammonium Carbonate], Yeast Extract, Stabiliser [Xanthan Gum], Dextrose, Yeast. Sunflower Oil, Sunflower Lecithin.