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## GF VEGAN PENANG CURRY

An aromatic gluten free coconut sauce with cauliflower, green beans, mangetout and peppers
Traded Unit GTIN: 5024030008640 Internal GTIN: Supplier: Paramount 21Ltd Suppliers Product Code: F0864

## Reference Intake


of your reference intake.
Typical values per 100 g : Energy 418kJ 101kcal

## Nutritional Information

| Typical Values | Per 100 g |
| :--- | :--- |
| Energy | 418 kJ <br> 101 kCal |
| Carbohydrates | 7.7 g |
| of which sugars | 3.4 g |
| Fat | 7.5 g |
| of which saturates | 6.5 g |
| Fibre | 2.2 g |
| Protein | 1.8 g |
| Salt | 0.66 g |

## Dietary Information

Key:


Gluten Claim
Gluten content is less than 20ppm.
Allergen Statemen
ALLERGY ADVICE: For allergens, see ingredients in CAPITALS

## Ingredients

INGREDIENTS: coconut milk (44\%) [coconut, water], cauliflower (13\%), green beans (13\%), peppers (yellow \& red peppers in varying proportions) (11.5\%), mangetout (6\%), red curry paste [red chilli, salt, ginger garlic, lemongrass, paprika, coriander, shallots, lime leaves, cumin, red pepper, yeast extract], demerara sugar, lemongrass puree, water, modified maize starch, lime leaves

