

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

HAS072
17 February 2026
17 February 2026
4f0a8030574b45fc8117d6d9d75f0c6e



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Black Onion Seeds 250g

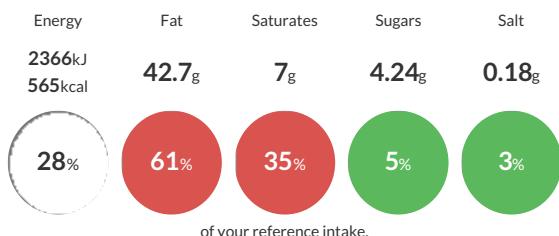
Short Product Name:
Black Onion Seeds

Black onion seeds (Also known and Nigella or Kalonji seeds).

Traded Unit GTIN: [5060103911837](#) Internal GTIN: [5060103911820](#) Supplier : [Centaur Foods Ltd](#) Suppliers Product Code : [HAS072](#)

Reference Intake

Each 100g portion contains:



Typical values per 100g : Energy 2366kJ 565kcal

Nutritional Information

Typical Values	Per 100g
Energy	2366kJ 565kCal
Carbohydrates	24.48g
of which sugars	4.24g
Fat	42.7g
of which saturates	7g
Fibre	-g
Protein	20.85g
Salt	0.18g

Allergy Information

Key: [Contains](#) [May Contain](#)



Dietary Information

Key: [Suitable for](#)



Ingredients

Black onion seeds 100 %