

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

HAS072  
23 February 2026  
23 February 2026  
4f0a8030574b45fc8117d6d9d75f0c6e



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## Black Onion Seeds 250g

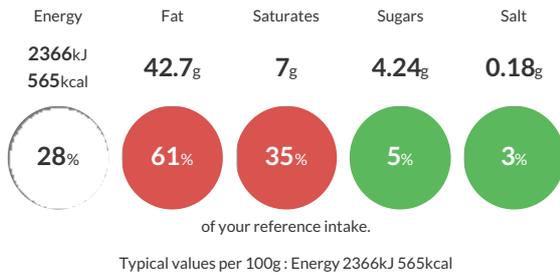
Short Product Name:  
Black Onion Seeds

Black onion seeds (Also known as Nigella or Kalonji seeds).

Traded Unit GTIN: **5060103911837** Internal GTIN: **5060103911820** Supplier: **Centaaur Foods Ltd** Suppliers Product Code: **HAS072**

### Reference Intake

Each 100g portion contains:



### Nutritional Information

Typical Values	Per 100g
Energy	2366kJ 565kCal
Carbohydrates	24.48g
of which sugars	4.24g
Fat	42.7g
of which saturates	7g
Fibre	-g
Protein	20.85g
Salt	0.18g

### Allergy Information

Key: **Contains** **May Contain**



### Dietary Information

Key: **Suitable for**



### Ingredients

Black onion seeds 100 %