R15001F5I - PR0280F50P9I 01 July 2025 01 July 2025 5c8ebccbdda0444982dcc848ae2fb04e



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

Mambonito Darta Cuisin' Easy Premium 4 x 1.25 kg

Short Product Name: Mambonito

A fresh salad based on avocado, azuki beans, black rice, and tomatoes, with a fresh, spicy sauce, packed in label Darta Cuisin' Easy Premium 4 x 1.25 kg

Traded Unit GTIN: 5413408981454 Internal GTIN: 5413408991453 Supplier: D'Arta S.A. Suppliers Product Code: R15001F51 - PR0280F50P91

Reference Intake



Typical values per 100g : Energy 601kJ 144kcal

Nutritional Information

Typical Values	Per 100g
Energy	601kJ 144kCal
Carbohydrates	13g
of which sugars	2.1g
Fat	7.6g
of which saturates	1g
Fibre	3g
Protein	4.3g
Salt	1.1g

Allergy Information



Dietary Information



Ingredients

vegetables (tomatoes, azuki beans 13,5% (water, azuki beans), SOY beans, spring onion), black rice 19% (water, back rice), avocado 15% (avocado, salt, acidity regulator: citric acid, antioxidant: ascorbic acid), sauce 14,5% (sunflower oil, garlic, vinegar, parsley, olive oil, salt, molasses, dried tomatoes, water, shallot, red chilli, green chilli, herbs and spices, black garlic, natural basil flavour, rosemary extract)