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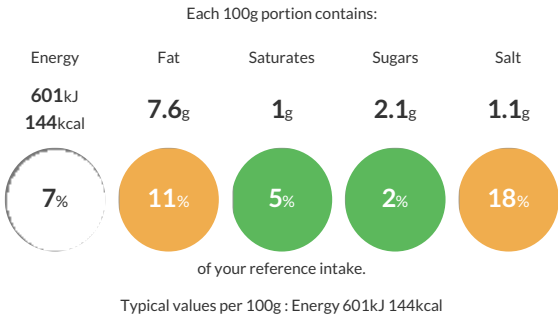
## Mambonito Greens Cuisin' Easy Premium 4 x 1.25 kg

Short Product Name:  
Mambonito

A fresh salad based on avocado, azuki beans, black rice, and tomatoes, with a fresh, spicy sauce , packed in label Greens Cuisin' Easy Premium 4 x 1.25 kg

Traded Unit GTIN: 5413408981454 Internal GTIN: 5413408991453 Supplier : D'Arta S.A. Suppliers Product Code: R15001F5I

### Reference Intake



### Nutritional Information

Typical Values	Per 100g
Energy	601kJ 144kCal
Carbohydrates	13g
of which sugars	2.1g
Fat	7.6g
of which saturates	1g
Fibre	3g
Protein	4.3g
Salt	1.1g

### Allergy Information

Key: Contains May Contain

  
Does Not Contain Cereal/Gluten

  
Does Not Contain Milk

  
Does Not Contain Eggs

  
Does Not Contain Peanuts

  
Does Not Contain Nuts

  
Does Not Contain Crustaceans

  
Does Not Contain Mustard

  
Does Not Contain Fish


  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
Contains Soya

  
Does Not Contain Molluscs

  
Does Not Contain Sulphur Dioxide

### Dietary Information

Key: Suitable for

  
Suitable for Vegetarian

  
Suitable for Vegan

  
May not be suitable for Kosher

  
May not be suitable for Halal

  
NO DATA for Coeliac

### Ingredients

Black rice 19% (water, black rice), Tomatoes, Avocado 15% (avocado, salt, acidity regulator: citric acid, antioxidant: ascorbic acid), Sauce 14.5% (sunflower oil, garlic, parsley, balsamic vinegar, olive oil, salt, molasses, dried tomatoes, water, shallot, red chili, green chili, herbs and spices, red wine vinegar, vinegar, black garlic, white wine vinegar), Azuki beans 13.5% (water, azuki beans), <b>soy</b>beans, spring onion.