Supplier's Product Code :	201210
Product Added :	20 August 2020
Last Updated by Supplier :	20 August 2020
erudus id :	5ddc6f9cde114539adb2daf67ce51131

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Lettuce Iceberg

Warning! This Product Specification complies with EU Food Information Regulation No. 1169/2011 (FIR) however we are still awaiting further product attributes to complete the full Erudus specification.

Short Product Name:
Lettuce Iceberg

Fresh crisp whole round heads of iceberg lettuce

Traded Unit GTIN: - Internal GTIN: Supplier : Fresh Direct Suppliers Product Code : 201210

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
60kJ 14kcal	0.3g	0g	1.9g	0.01g
1%	0%	0%	2%	0%

of your reference intake.

Typical values per 100g : Energy 60kJ 14kcal

Nutritional Information

Typical Values	Per 100g
Energy	60kJ 14kCal
Carbohydrates	1.9g
of which sugars	1.9g
Fat	0.3g
of which saturates	0g
Fibre	0.6g
Protein	0.7g
Salt	0.01g

Allergy Information

Key: Contains May Contain



Gluten Claim
Gluten content is less than 20ppm.

Dietary Information

Key: Suitable for



Ingredients

Iceberg