Supplier's Product Code :	8129
Product Added :	27 October 2026
Last Updated by Supplier :	27 October 2026
erudus id :	5e43ca3491e44a3c9b517e58ef770db8

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Kingsmill Professional Tasty Wholemeal Bread 800g medium sliced

Short Product Name:
Wholemeal Medium Sliced Bread

Wholemeal Medium Sliced Bread

Traded Unit GTIN: 05010092812950 Internal GTIN: 5010092812912 Supplier : Allied Bakeries (ABF) Suppliers Product Code : 8129

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
974kJ 231kcal	2.3g	0.4g	4.3g	0.95g
12%	3%	2%	5%	16%

of your reference intake.

Typical values per 100g : Energy 974kJ 231kcal

Nutritional Information

Typical Values	Per 100g
Energy	974kJ 231kCal
Carbohydrates	38.5g
of which sugars	4.3g
Fat	2.3g
of which saturates	0.4g
Fibre	6.3g
Protein	10.8g
Salt	0.95g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Wholemeal **WHEAT** Flour, Water, Kibbled Malted **WHEAT** (3.5%), **WHEAT** Protein, Sugar, Yeast, Salt, Malted **BARLEY** Flour, Vegetable Oils (Rapeseed, Sustainable Palm), Vinegar, Emulsifier: E472e. Sustainable **SOYA** Flour, Preservative: Calcium Propionate. Flour Treatment Agent: Ascorbic Acid (Vitamin C),

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