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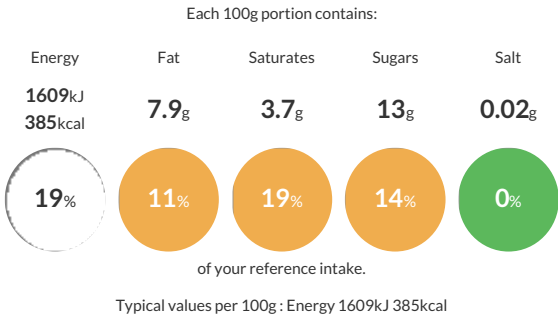
PERK!ER +Immune Oaty Porridge Pot , 55g

Short Product Name:

A delicious creamy Oaty porridge with 100% of your daily Vit C, D & B12 to boost your immune system. Each pot provides nutritious slow release energy, 9g protein & is high in fibre too. With up to 50% less sugar than the leading brand this is a smart choice. Gluten, wheat & dairy free; 100% vegan. Just add hot water and tuck in!

Traded Unit GTIN: **15060319170582** Internal GTIN: **5060319170585** Supplier : **Perkier Foods Ltd** Suppliers Product Code : **VPPLAIN01**

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	1609kJ 385kCal
Carbohydrates	59g
of which sugars	13g
Fat	7.9g
of which saturates	3.7g
Fibre	7.2g
Protein	17g
Salt	0.02g


Allergy Information


Key: **Contains** **May Contain**



Contains Cereal/Gluten



Does Not Contain Milk



Does Not Contain Eggs



Does Not Contain Peanuts



Does Not Contain Nuts



Does Not Contain Crustaceans



Does Not Contain Mustard



Does Not Contain Fish



Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Contains Soya


Does Not Contain Molluscs


Does Not Contain Sulphur Dioxide

Dietary Information

Key: **Suitable for**


Suitable for Vegetarian


Suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


Suitable for Coeliac

Gluten Claim
Gluten content is less than 20ppm.

Allergen Statement
Contains SOY

Ingredients

Gluten Free OATS (72%), Sugar, SOY Protein, Coconut Milk Powder (Coconut Milk, Maltodextrin, Corn Starch), Quinoa Flakes (4%), Vitamin C, Vitamin D, Vitamin B12.