

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

105953  
28 January 2026  
28 January 2026  
5f2a8eac4faf4cbe8cbd3442dba6a1f5



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## Brakes Corn Flakes

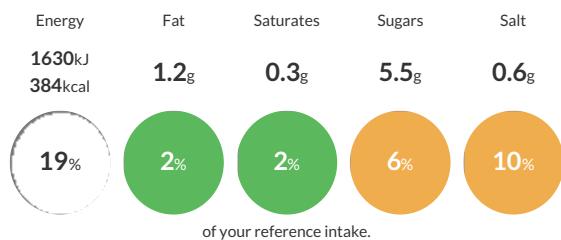
Short Product Name:  
Corn Flakes

Golden flakes of corn, fortified with vitamins & iron

Traded Unit GTIN: 5024333207306 Internal GTIN: 5024333207306 Supplier : [Sysco GB Limited](#) Suppliers Product Code : 105953

### Reference Intake

Each 100g portion contains:



Typical values per 100g : Energy 1630kJ 384kcal

### Nutritional Information

Typical Values	Per 100g
Energy	1630kJ 384kCal
Carbohydrates	84g
of which sugars	5.5g
Fat	1.2g
of which saturates	0.3g
Fibre	3.5g
Protein	7.7g
Salt	0.6g

### Allergy Information

Key: Contains May Contain



### Gluten Claim

Gluten content is less than 20ppm.

### Dietary Information

Key: Suitable for



### Ingredients

Maize, Sugar, Salt, Malted BARLEY Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.