Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

105953 10 August 2023 10 August 2023

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Brakes Corn Flakes

Short Product Name: Corn Flakes

Golden flakes of corn, fortified with vitamins & iron

 $Traded\ Unit\ GTIN:\ 5024333207306\ \ Internal\ GTIN:\ 5024333207306\ \ Supplier:\ \ Brake\ Bros\ Ltd\ \ Suppliers\ Product\ Code:\ 105953$

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 1641kl **1.2**g 0.3g0.59g**6.1**g **387**kcal 20% 2%

of your reference intake. Typical values per 100g: Energy 1641kJ 387kcal

Nutritional Information

Typical Values	Per 100g
Energy	1641kJ 387kCal
Carbohydrates	85g
of which sugars	6.1g
Fat	1.2g
of which saturates	0.3g
Fibre	1.2g
Protein	7.7g
Salt	0.59g

Allergy Information





Cereal/Gluten



May Contain



Eggs

Does Not

Contain



Peanuts

Does Not

Contain

Does Not

Nuts

May Contain



Does Not

Contain

Does Not Crustaceans

Contain Mustard





Does Not Contain Sulphur

Dietary Information





Vegan







Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

Does Not

Contair

Ingredients

Maize, Sugar, Salt, Malted BARLEY Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.