Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

H2 KH2 FDH2 01 February 2019 29 April 2021 65264c56f6394d319bb6786d9de82c91



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Houmous 2 Kg

Short Product Name: Houmous

Ground Chickpeas with Sesame Seed Paste and Garlic

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 1350kl 28.1g 2.5g **0.5**g 0.9g 326kcal 16% 40% of your reference intake.

Typical values per 100g: Energy 1350kJ 326kcal

Nutritional Information

Typical Values	Per 100g
Energy	1350kJ 326kCal
Carbohydrates	8.1g
of which sugars	0.5g
Fat	28.1g
of which saturates	2.5g
Fibre	4.9g
Protein	7g
Salt	0.9g

Allergy Information





Contain Cereal/Gluten

Contain Milk Eggs





Peanuts

Does Not



Does Not

Contain





Crustaceans

Contain





Contain Mustard







Dietary Information











Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

Does Not

Contain

Ingredients

Cooked Chickpeas (46%) [Water, Chickpeas], Rapeseed Oil (19%), Water, SESAME Seed Paste (14%), Acidity Regulator: Citric Acid., Salt, Garlic Granules, Preservative: Potassium Sorbate.