Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

Wiltshire ham (Plain) 12 August 2025 12 August 2025 65844f44518847a1ac4bf76072336a75



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Wiltshire Ham (Plain) 500g

Short Product Name: Wiltshire Ham (Plain) 500g

Cooked Sliced Ham made from pork Leg.

 $Traded\ Unit\ GTIN:\ 5060996062340\ Internal\ GTIN:\ Supplier:\ Wessex\ Country\ Gammons\ Ltd\ Suppliers\ Product\ Code:\ Wiltshire\ ham\ (Plain)$

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 567kl $3.8_{\rm g}$ **1.2**g <0.5g 1.42g **135**kcal **7**% 6% 0%

of your reference intake. Typical values per 100g: Energy 567kJ 135kcal

Nutritional Information

Typical Values	Per 100g
Energy	567kJ 135kCal
Carbohydrates	<0.5g
of which sugars	<0.5g
Fat	3.8g
of which saturates	1.2g
Fibre	<0.5g
Protein	25g
Salt	1.42g

Allergy Information





Contain Cereal/Gluten

Contain Milk Eggs



Does Not

Contain



Peanuts

Does Not





Does Not

Contain



Does Not

Contain



Contain Mustard





Contain Sulphur

Dietary Information











Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

Does Not

Contain

Allergen Statement

Not specified.

Ingredients

Pork leg, Salt, Pork Bouillon (Pork Protein, E306) Preservatives E250 and E251, Antioxidant E301.