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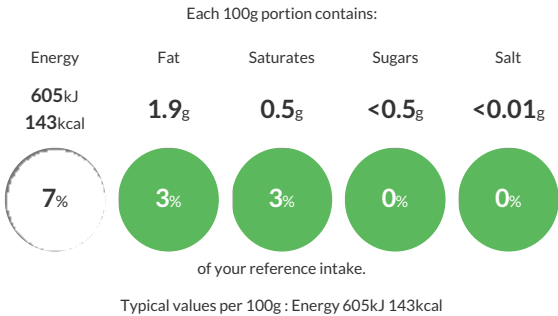
## 250g Tilda Steamed Pure Basmati Rice

Short Product Name:  
Steamed Basmati Rice

Pre-cooked, sterilised ready to heat basmati rice in microwaveable pouch.

Traded Unit GTIN: 05011157888507 Internal GTIN: 5011157888101 Supplier : Tilda Ltd Suppliers Product Code : TB250

### Reference Intake



### Nutritional Information

Typical Values	Per 100g
Energy	605kJ 143kCal
Carbohydrates	28.2g
of which sugars	<0.5g
Fat	1.9g
of which saturates	0.5g
Fibre	0.7g
Protein	2.9g
Salt	<0.01g

### Allergy Information

Key: Contains May Contain

  
Does Not Contain Cereal/Gluten

  
Does Not Contain Milk

  
Does Not Contain Eggs

  
Does Not Contain Peanuts

  
Does Not Contain Nuts

  
Does Not Contain Crustaceans

  
Does Not Contain Mustard

  
Does Not Contain Fish

  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
Does Not Contain Soya

  
Does Not Contain Molluscs

  
Does Not Contain Sulphur Dioxide

### Dietary Information

Key: Suitable for

  
Suitable for Vegetarian

  
Suitable for Vegan

  
May not be suitable for Kosher

  
May not be suitable for Halal

  
Suitable for Coeliac

### Ingredients

Cooked Basmati Rice, Rice Bran Oil.