Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

1000140402 18 July 2025 18 July 2025

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Schar Gluten Free Wholesome Seeded Loaf 300g

Short Product Name:

Wholesome Seeded

This gluten free soft, tasty sliced loaf is high in fibre

Traded Unit GTIN: 8008698044353 Internal GTIN: 8008698007389 Supplier: Dr Schar UK Limited Suppliers Product Code: 1000140402

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 1044k I **6.6**g 0.8g **4.1**g 0.97g **249**kcal 12% of your reference intake.

Typical values per 100g: Energy 1044kJ 249kcal

Nutritional Information

Typical Values	Per 100g
Energy	1044kJ 249kCal
Carbohydrates	38g
of which sugars	4.1g
Fat	6.6g
of which saturates	0.8g
Fibre	9.9g
Protein	4.5g
Salt	0.97g

Allergy Information





Cereal/Gluten

Contair Milk

Does Not Eggs



May Contain

Peanuts

Does Not

Contain





Nuts



Contain



May Contain Crustaceans







Dietary Information











Gluten Claim

Does Not

Contain

Fish

Gluten content is less than 20ppm.

May Contain

Ingredients

Maize starch, water, sourdough 14% (rice flour, water), rice starch, vegetable fibre (psyllium), rice syrup, sunflower oil, SOYA flakes, sunflower seeds (2.1%), millet flour (2%), flax seeds (1.9%), thickener; hydroxypropyl methyl cellulose. quinoa flour (1.3%), yeast, rice flour (1.3%), SOYA protein, SOYA bran, iodised salt (salt, potassium iodide), poppy seeds (0.6%), chia (salvia hispanica) seeds (0.6%), honey.