

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

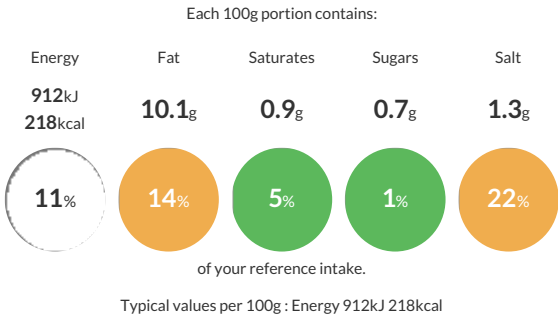
Kingfrost Lincolnshire Fishcakes 60x50g

Short Product Name:
Lincolnshire Fishcakes

Minced Whitefish and Potato Coated in Golden Breadcrumbs.

Traded Unit GTIN: 05000151500126 Internal GTIN: Supplier : Youngs Seafood Ltd Suppliers Product Code : 13099

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	912kJ 218kCal
Carbohydrates	23.2g
of which sugars	0.7g
Fat	10.1g
of which saturates	0.9g
Fibre	1.5g
Protein	7.8g
Salt	1.3g


Allergy Information


Key: Contains May Contain



Contains Cereal/Gluten



Contains Milk



Does Not Contain Eggs



Does Not Contain Peanuts



Does Not Contain Nuts



Does Not Contain Crustaceans



Contains Mustard



Contains Fish



Does Not Contain Lupin


Does Not Contain Sesame


Does Not Contain Celery


Does Not Contain Soya


Does Not Contain Molluscs


Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for


NO DATA for Vegetarian


NO DATA for Vegan


May not be suitable for Kosher


May not be suitable for Halal


NO DATA for Coeliac

Allergen Statement
Allergy Advice: For allergens, including cereals containing gluten, see ingredients in bold (UPPERCASE)

Ingredients

Minced Whitefish (33%) (**Fish**), Partially Reconstituted Potato, Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Sunflower Oil, Rapeseed Oil, Water, Palm Oil, Potato Fibre, Salt, Stabiliser: Methylcellulose; Yeast, Parsley, Turmeric, Black Pepper Extract, Colour: Paprika Extract; Parsley Oil, **Milk**, **Mustard**.

Allergy Advice: For allergens, including cereals containing gluten, see ingredients in .

Caution! Although extra care has been taken to remove all bones, some may remain.