

Supplier's Product Code :  
 Product Added :  
 Last Updated by Supplier :  
 erudus id :

5110156000  
 31 March 2026  
 31 March 2026  
 6d7dbf2408c4458da1d9a7276c8cd894



The information on the **Erudus System** has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

## Kellogg's Special K Original Cereal Portion Pack 40 x 30g

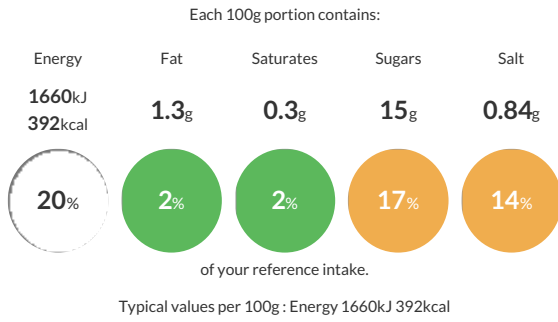
Short Product Name:

CRUNCHY RICE, WHOLEWHEAT AND BARLEY FLAKES FORTIFIED WITH VITAMINS AND IRON.

Start good\*. Stay good. The secret to a day of good decisions is to get a good start. Tasty, crunchy flakes made with wholegrain wheat, rice and barley. \*A serving of Special K cereal contains a source of Vitamin B12, contributing to the reduction of tiredness and fatigue.

Traded Unit GTIN: **5053827101561** Internal GTIN: **5053827101554** Supplier : **Kellanova (Kellogg's)** Suppliers Product Code : **5110156000**

### Reference Intake



### Nutritional Information

Typical Values	Per 100g
Energy	1660kJ 392kCal
Carbohydrates	84g
of which sugars	15g
Fat	1.3g
of which saturates	0.3g
Fibre	6g
Protein	8g
Salt	0.84g

### Allergy Information

Key: **Contains** **May Contain**



#### Allergen Statement

May contain milk

### Dietary Information

Key: **Suitable for**



### Ingredients

Rice (47%), **WHOLEWHEAT** (37%), sugar, **BARLEY** (5%), malted **BARLEY** flour, salt, **BARLEY** malt extract, niacin, iron, riboflavin, thiamin, vitamin B6, folic acid, vitamin D, vitamin B12