Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

310011 15 August 2024

15 August 2024

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Connemara Mussels 5 x 1kg

Short Product Name: CONN MUSSELS

 $Whole shell \ rope \ cultured \ vacuum \ packed \ mussels \ in \ their \ natural \ juices \ pasteur is ed, frozen \ \& \ ready \ to \ re-cook.$

Traded Unit GTIN: Internal GTIN: 5390378000012 Supplier: Sykes Seafood Ltd Suppliers Product Code: 310011

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
299 kJ 71 kcal	1.2 g	0.25 g	<0.5g	1.25 g	
4%	2%	1%	0%	21%	
of your reference intake					

Typical values per 100g: Energy 299kJ 71kcal

Nutritional Information

Typical Values	Per 100g
Energy	299kJ 71kCal
Carbohydrates	3.1g
of which sugars	<0.5g
Fat	1.2g
of which saturates	0.25g
Fibre	<0.5g
Protein	11.9g
Salt	1.25g

Allergy Information





Contain Cereal/Gluten

Does Not

Contain

Fish

Does Not

Contain Milk

Does Not

Contain



Does Not Eggs

Does Not

Contain



Does Not





Does Not

Contain



Does Not

Molluscs



Does Not

Contain Mustard

Contains



Dietary Information











Ingredients

Mussels (MOLLUSC) in their natural juice (100%).