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La Boulangerie Fully Baked Multiseed Bagels

Short Product Name: Fully Baked Multiseed Bagels

Bagel topped with sunflower, brown linseeds & poppy seeds; 48 x 100g approximately

Traded Unit GTIN: 5024333167815 Internal GTIN: 5024333167815 Supplier: Brake Bros Ltd Suppliers Product Code : 55690

Reference Intake



Typical values per 100g : Energy 1186kJ 281kcal

Nutritional Information

Typical Values	Per 100g
Energy	1186kJ 281kCal
Carbohydrates	45g
of which sugars	3.8g
Fat	5.3g
of which saturates	0.6g
Fibre	1.2g
Protein	11g
Salt	0.65g

Allergy Information



Dietary Information



Ingredients

WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Linseed (4.5%), Poppy Seed (3%), Sunflower Seeds (3%), RYE Flour, Sugar, Malted BARLEY Flour, BARLEY Flakes, Yeast, WHEAT Gluten, Rapeseed Oil, Salt, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Maize.