

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

55690
30 January 2026
30 January 2026
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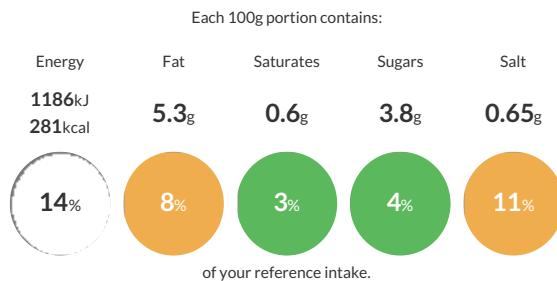
La Boulangerie Fully Baked Multiseed Bagels

Short Product Name:
Fully Baked Multiseed Bagels

Bagel topped with sunflower, brown linseeds & poppy seeds; 48 x 100g approximately

Traded Unit GTIN: [5024333167815](#) Internal GTIN: [Supplier: Sysco GB Limited](#) Suppliers Product Code : [55690](#)

Reference Intake



Typical values per 100g : Energy 1186kJ 281kcal

Nutritional Information

Typical Values	Per 100g
Energy	1186kJ 281kCal
Carbohydrates	45g
of which sugars	3.8g
Fat	5.3g
of which saturates	0.6g
Fibre	1.2g
Protein	11g
Salt	0.65g

Allergy Information

Key: [Contains](#) [May Contain](#)



Dietary Information

Key: [Suitable for](#)



Ingredients

WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Linseed (4.5%), Poppy Seed (3%), Sunflower Seeds (3%), **RYE** Flour, Sugar, Malted **BARLEY** Flour, **BARLEY** Flakes, Yeast, **WHEAT** Gluten, Rapeseed Oil, Salt, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Maize.