

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

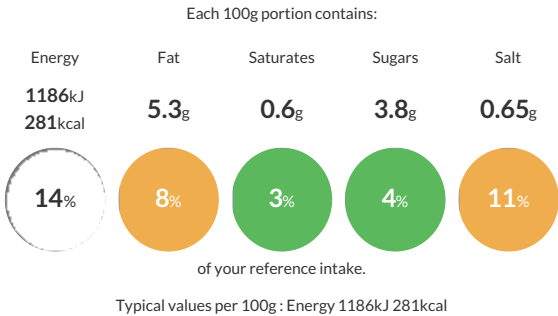
La Boulangerie Fully Baked Multiseed Bagels

Short Product Name:
Fully Baked Multiseed Bagels

Bagel topped with sunflower, brown linseeds & poppy seeds; 48 x 100g approximately

Traded Unit GTIN: **5024333167815** Internal GTIN: Supplier : **Sysco GB Limited** Suppliers Product Code : **55690**

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1186kJ 281kCal
Carbohydrates	45g
of which sugars	3.8g
Fat	5.3g
of which saturates	0.6g
Fibre	1.2g
Protein	11g
Salt	0.65g

Allergy Information

Key: **Contains** **May Contain**


Contains Cereal/Gluten


Does Not Contain Milk


Does Not Contain Eggs


Does Not Contain Peanuts


Does Not Contain Nuts


Does Not Contain Crustaceans


Does Not Contain Mustard


Does Not Contain Fish


Does Not Contain Lupin


May Contain Sesame


Does Not Contain Celery


Does Not Contain Soya


Does Not Contain Molluscs


Does Not Contain Sulphur Dioxide

Dietary Information

Key: **Suitable for**


Suitable for Vegetarian


Suitable for Vegan


May not be suitable for Kosher


May not be suitable for Halal


NO DATA for Coeliac

Ingredients

WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Linseed (4.5%), Poppy Seed (3%), Sunflower Seeds (3%), RYE Flour, Sugar, Malted BARLEY Flour, BARLEY Flakes, Yeast, WHEAT Gluten, Rapeseed Oil, Salt, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Maize.