

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

10142458
03 February 2026
04 February 2026
74adca4460d948aeb2ae810d6f7b8120



The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

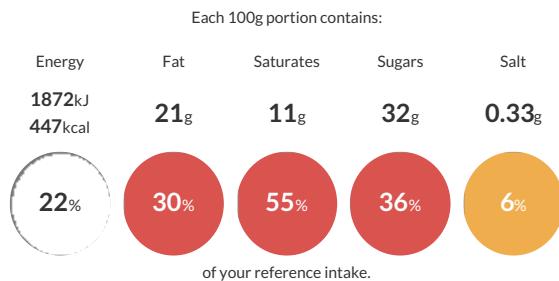
Baker & Baker Fruit Flapjack (60 x 80g)

Short Product Name:
Flapjacks with sultanas, dried cranberries and sunflower seeds, unbaked, quick frozen

Ready to bake from frozen luxury fruit flapjack made with oats, butter and packed with cranberries, sultanas and sunflower seeds.

Traded Unit GTIN: [5025183028462](#) Internal GTIN: Supplier: [Baker & Baker Products UK Limited](#) Suppliers Product Code : [10142458](#)

Reference Intake



Typical values per 100g : Energy 1872kJ 447kcal

Nutritional Information

Typical Values	Per 100g
Energy	1872kJ 447kCal
Carbohydrates	57g
of which sugars	32g
Fat	21g
of which saturates	11g
Fibre	4.2g
Protein	6.1g
Salt	0.33g

Allergy Information

Key: [Contains](#) [May Contain](#)



Dietary Information

Key: [Suitable for](#)



Ingredients

Oat flakes (OAT) (31%); Concentrated butter (MILK); Sugar; Sultanas (10%); Sweetened dried cranberries (7.0%) (Sugar; Cranberries; Sunflower oil); Sunflower seeds (5.2%); Modified starch; Invert sugar syrup; Water; Whole egg powder (EGG); Molasses; Raising agent: Diphosphates, Sodium carbonates; Salt; Wheat flour (WHEAT), Calcium carbonate, Folic acid, Iron, Niacin, Thiamine).