

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

F0607
23 April 2024
23 April 2024
7501c4def564440aab8425080855cec6



The information on the **Erudus System** has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

Short Product Name:

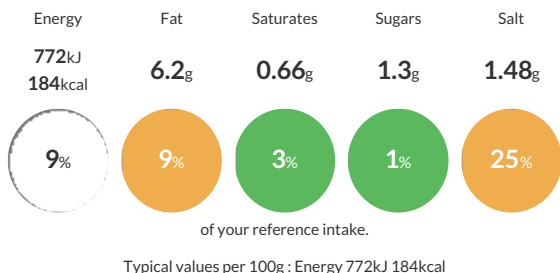
GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

Fishcakes made with a blend of pre fried potato, cod & prawns with subtle Thai spices, coated in seasoned chilli and parsley flecked crispy gluten free batter

Traded Unit GTIN: **5024030006073** Internal GTIN: Supplier: **Paramount 21 Ltd** Suppliers Product Code: **F0607**

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	772kJ 184kCal
Carbohydrates	20.1g
of which sugars	1.3g
Fat	6.2g
of which saturates	0.66g
Fibre	1g
Protein	6.7g
Salt	1.48g

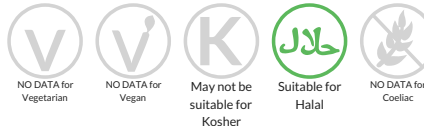
Allergy Information

Key: **Contains** **May Contain**



Dietary Information

Key: **Suitable for**



Allergen Statement

ALLERGY ADVICE: For allergens, see ingredients in **CAPITALS**.

Gluten free product.

Ingredients

INGREDIENTS: : pre fried potato (26%) [potato, sunflower oil], cod (**FISH**) (17%), water, prawns (**CRUSTACEANS**) (10%) [prawns, water, salt], potato, rice flour, maize starch, rapeseed oil, gram flour, dehydrated potato, salt, sugar, amaranth flour, skimmed **MILK** powder, red chilli flakes, spices (ginger, coriander), garlic powder, onion powder, dextrose, raising agents (E450i, E500ii), parsley, lemongrass extract, thickening agent (E415).

WARNING: Although every care has been taken to remove all bones & pieces of shell, some small may remain.