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## GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

Short Product Name:

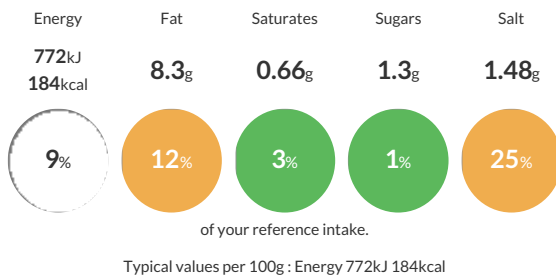
GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

Fishcakes made with a blend of pre fried potato, cod & prawns with subtle Thai spices, coated in seasoned chilli and parsley flecked crispy gluten free batter

Traded Unit GTIN: **5024030006073** Internal GTIN: Supplier: **Paramount 21 Ltd** Suppliers Product Code: **F0607**

### Reference Intake

Each 100g portion contains:



### Nutritional Information

Typical Values	Per 100g
Energy	772kJ 184kCal
Carbohydrates	20.1g
of which sugars	1.3g
Fat	8.3g
of which saturates	0.66g
Fibre	1.2g
Protein	6.7g
Salt	1.48g

### Allergy Information

Key: **Contains** **May Contain**



### Dietary Information

Key: **Suitable for**



#### Gluten Claim

Gluten content is less than 20ppm.

#### Allergen Statement

**ALLERGY ADVICE:** For allergens, see ingredients in **CAPITALS**.

Gluten free product.

### Ingredients

**INGREDIENTS:** : pre fried potato (26%) [potato, sunflower oil], cod (<b>FISH</b>) (17%), water, prawns (<b>CRUSTACEANS</b>) (10%) [prawns, water, salt], potato, rice flour, maize starch, rapeseed oil, gram flour, dehydrated potato, salt, sugar, amaranth flour, skimmed **MILK** powder, red chilli flakes, spices (ginger, coriander), garlic powder, onion powder, dextrose, raising agents (E450i, E500ii), parsley, lemongrass extract, thickening agent (E415).

**WARNING:** Although every care has been taken to remove all bones & pieces of shell, some small may remain.