Supplier's Product Code :	NUT015
Product Added :	12 October 2026
Last Updated by Supplier :	12 October 2026
erudus id :	7615137dfd1540cea7e1c099523f7b18

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Polenta 1Kg

Short Product Name:
Polenta

Flour milled from 100% de-germinated maize (Zea Mays Indurata) of non-GM origin.

Traded Unit GTIN: 5060103911356 Internal GTIN: 5060103911004 Supplier : Centaur Foods Ltd Suppliers Product Code : NUT015

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
1468kJ 356kcal	0.9g	0.19g	0.6g	0.01g
17%	1%	1%	1%	0%

of your reference intake.

Typical values per 100g : Energy 1468kJ 356kcal

Nutritional Information

Typical Values	Per 100g
Energy	1468kJ 356kCal
Carbohydrates	76.8g
of which sugars	0.6g
Fat	0.9g
of which saturates	0.19g
Fibre	2.1g
Protein	8g
Salt	0.01g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Yellow Polenta 100% (Maize)