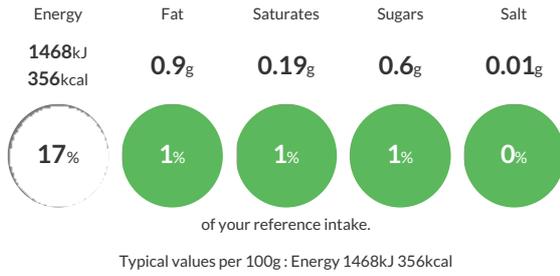|		
Supplier's Product Code :	NUT015	erudus
Product Added :	23 February 2026	
Last Updated by Supplier :	23 February 2026	
erudus id :	7615137dfd1540cea7e1c099523f7b18	

Polenta 1Kg

Short Product Name:
Polenta

Flour milled from 100% de-germinated maize (Zea Mays Indurata) of non-GM origin.

Traded Unit GTIN: 5060103911356   Internal GTIN: 5060103911004   Supplier : Centaur Foods Ltd   Suppliers Product Code : NUT015

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt
1468kJ 356kcal	0.9g	0.19g	0.6g	0.01g
17%	1%	1%	1%	0%

of your reference intake.

Typical values per 100g : Energy 1468kJ 356kcal

Nutritional Information

Typical Values	Per 100g
Energy	1468kJ 356kCal
Carbohydrates	76.8g
of which sugars	0.6g
Fat	0.9g
of which saturates	0.19g
Fibre	2.1g
Protein	8g
Salt	0.01g

Allergy Information

Key: Contains   May Contain

May Contain Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	May Contain Soya	Does Not Contain Molluscs	May Contain Sulphur Dioxide

Dietary Information

Key: Suitable for

Suitable for Vegetarian	Suitable for Vegan	May not be suitable for Kosher	May not be suitable for Halal	NO DATA for Coeliac

Ingredients

Yellow Polenta 100% (Maize)