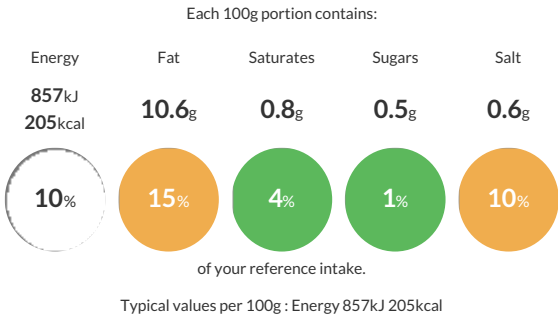| Supplier's Product Code : | MSC MBC05 |
Product Added :	08 September 2025
Last Updated by Supplier :	08 September 2025
erudus id :	771932fe7abf4670887c6b1d9d2f2ab6

erudus

MSC Battered Cod Fillets 140 - 170g 24 piece pack count

Short Product Name:
Battered Cod Fillets

Formed skinless, boneless cod fillet pieces enrobed in a bubbly batter and flash fried 24 x 140-170g

Traded Unit GTIN: 5060061300681   Internal GTIN: 5060061300681   Supplier : Three Oceans Fish Company   Suppliers Product Code : MSC MBC05

Reference Intake

Each 100g portion contains:

	Energy	Fat	Saturates	Sugars	Salt
	857kJ 205kcal	10.6g	0.8g	0.5g	0.6g
	10%	15%	4%	1%	10%

of your reference intake.

Typical values per 100g : Energy 857kJ 205kcal

Nutritional Information

Typical Values	Per 100g
Energy	857kJ 205kCal
Carbohydrates	15.8g
of which sugars	0.5g
Fat	10.6g
of which saturates	0.8g
Fibre	0.7g
Protein	11g
Salt	0.6g

Allergy Information

Key: Contains May Contain

Contains Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Contains Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

Dietary Information

Key: Suitable for

NO DATA for Vegetarian	NO DATA for Vegan	May not be suitable for Kosher	May not be suitable for Halal	NO DATA for Coeliac

Ingredients

Cod (**FISH**) (50%), **WHEAT** Flour (with Calcium, Iron, Niacin,, Folic Acid, Thiamin), Water, Rapeseed Oil, Salt, Maize Starch, **WHEAT** Starch, Raising Agent (Sodium Phosphate, Sodium Carbonate, Ammonium Carbonate), Yeast Extract, Stabiliser (Xanthan Gum), Yeast, Dextrose, Sunflower Oil, Sunflower Lecithin.