

Supplier's Product Code :
 Product Added :
 Last Updated by Supplier :
 erudus id :

1058044
 31 March 2026
 31 March 2026
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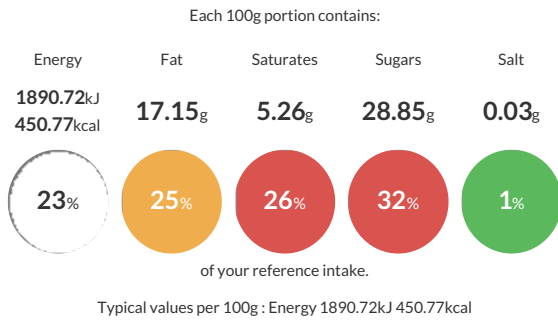
KFF Fruit and Seed Granola

Short Product Name:
 Fruit & Seeds Granola

A mix of cereals with seeds and dried fruits

Traded Unit GTIN: Internal GTIN: Supplier: **Alara Wholefoods Limited** Suppliers Product Code: **1058044**

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1890.72kJ 450.77kCal
Carbohydrates	60.22g
of which sugars	28.85g
Fat	17.15g
of which saturates	5.26g
Fibre	7.24g
Protein	10.26g
Salt	0.03g

Allergy Information

Key: **Contains** **May Contain**



Dietary Information

Key: **Suitable for**



Allergen Statement

Contain Gluten, Packed in a factory that handles cereals containing milk, peanuts, nuts, sesame, soya and Sulphur dioxide.

Ingredients

Oat Crispy Crunch [Wholegrain **OATFLAKES** (53%), Sugar, Crisp Rice (15%), (Rice Flour, Sugar, Malt Extract [from BARLEY], Calcium Carbonate, Sunflower Oil, Emulsifier (Sunflower Lecithin)), Rapeseeds oil, Honey, (2%), Caramelised Sugar Syrup Powder] (67.14%), Sunflower Seeds (14.92%), Raisins Flame [Raisins Flame, sunflower oil](8.95%), Cranberries Sliced [Cranberries, Canned Sugar, Sunflower Oil] (4.51%), Pumpkin Seeds (2.49%), Coconut **CHIPS** Toasted (1.99%)