

Supplier's Product Code :
 Product Added :
 Last Updated by Supplier :
 erudus id :

08416
 02 February 2026
 02 February 2026
 84ddd0baba9f4759b86835dd77c0c747



The information on the **Erudus System** has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

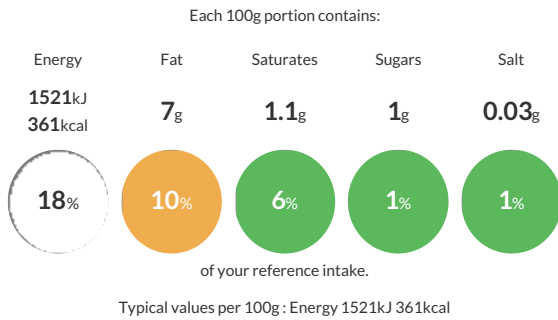
Ready brek Smooth Porridge Oats Box 6 x 450g

Short Product Name:
 Smooth Porridge Oats

Original oat cereal fortified with vitamins, iron and calcium. 6 x 450g packets in a case

Traded Unit GTIN: **05010029219517** Internal GTIN: **5010029219494** Supplier: **Weetabix Ltd** Suppliers Product Code: **08416**

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1521kJ 361kCal
Carbohydrates	58g
of which sugars	1g
Fat	7g
of which saturates	1.1g
Fibre	9g
Protein	12g
Salt	0.03g

Allergy Information

Key: **Contains** **May Contain**

Contains Cereal/Gluten	May Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	May not be suitable for Vegan	Suitable for Kosher	Suitable for Halal	NO DATA for Coeliac
-------------------------	-------------------------------	---------------------	--------------------	---------------------

Allergen Statement

Allergy Advice. For allergens see ingredients in bold. Also may contain milk, wheat, barley and rye.

Ingredients

Wholegrain Rolled **OATS **(60%), Wholegrain **OAT **Flour (38%), Calcium, Niacin, Iron, Riboflavin (B2), Vitamin B6, Thiamin (B1), Folic Acid, Vitamin D, Vitamin B12.